

# EVENTS

**SEPTEMBER  
2021**

**September 10**  
New DDS Social

**September 12**  
6th Annual Afternoon Tea,  
Women's leadership  
Conference

**September 18**  
Forensic Dentistry

**September 25**  
Virtual Foundation Gala

**October 1**  
DPA/Infection Control

**October 7**  
Oktoberfest

**October 14**  
New DDS Seminar:  
*Buy it Build it Lease it*

**October 21**  
BLS Renewal



**San Diego County**  
DENTAL SOCIETY



Thaer Alqadoumi, DDS  
(Loma Linda Alumni) and  
Noor Daras DDS  
(2020 Graduate)

**Celebrating New Grads !**



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The International College of  
Dentists – USA Section, awarded  
Facets these publication honors  
in Division 2:

2018 Newsletter Award,  
2017 Newsletter Award,  
Honorable Mention  
2016 Outstanding Cover

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Shortly after the ringing of the bell, SDCDS members get ready to enjoy the game. More event photos on page 19

## VOLUNTEERS NEEDED

### Adopt A Patient:

Dentists willing to “adopt” patients (adults and children) for immediate or emergency needs in their office.

### Community Events:

Dentists, hygienists and assistants to volunteer as needed at community events.

### Health Fairs

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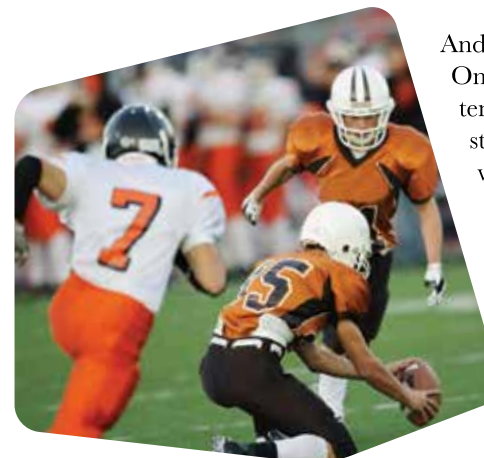


Tina Beck, DDS



## “All at once, summer collapsed into fall” -Oscar Wilde

As the days again grow shorter and summer comes to an end, most of us begin to settle back into our usual daily routines. I can't help but feel a bit somber, reminiscing of sunshine and adventure-filled vacations, until I remember that there is one very exciting occurrence about to commence; the return of college football!



And what a return it should be! Once again being able to attend a live game, seeing the stadiums packed with fans, watching the games with fellow alumni, and cheering on my favorite teams in hopes that they will finally have a winning year again. After Labor day, it's just 3 short months until winter holidays create a whirlwind of chaotic schedules and stress. As summer

slips away, the start of football season brings me a bit of solace as I buckle down and mentally prepare for the months ahead.

Before the pandemic changed our practices and lives in ways we could have never imagined, my fall schedule was always packed with numerous meetings and conferences. As much as I enjoy networking with distant colleagues and learning the latest developments in my specialty, the constant traveling and long days can be exhausting, and I'd find myself longing for a quiet weekend at home. But I think we've all had plenty of those since last spring and personally, I can't wait to attend some in-person events! That's why I was so excited about the San Diego County Dental Foundation's (SDCDF) annual Gala Benefit on September 25th. Unfortunately, the rise of the Delta variant and resurgence of COVID infections has forced the foundation leadership to make the difficult decision to cancel this highly anticipated in-person event.

When I moved back home to San Diego in 2010 and joined the San Diego County Dental Society, the Gala was always a fun party with colleagues, and a time to recognize those who volunteered numerous hours to serve our membership. Several years ago however, the planning and execution of the Gala switched

hands to SDCDF and it also evolved into a hugely successful fundraising event. For those not familiar with SDCDF and its relationship with SDCDS, it was founded in 1992 by SDCDS members as a 501(c)(3) charitable organization to provide funding for dental health education and access to dental care for all.

Over the years, SDCDF has supported a multitude of community events and programs including scholarships for students accepted into dental school, provided financial support for the Dental Hygiene School at Southwestern College, Share the Care, Give Kids a Smile, the UCSD Free Dental Clinics, Project Homeless Connect, the Women's Resource Fair, and more recently, the John Geis DDS Dental Clinic at Veterans Village of San Diego (VVSD). This year's SDCDF Gala is raising funds to support the Geis Clinic at VVSD, which is a free oral health clinic that has treated over 200 previously homeless veterans in San Diego. Proceeds of this fundraiser support the purchase of critical supplies, instruments, and costly dental lab services. Dental care is provided pre-bono by volunteer SDCDS members.

The SDCDF board has proven itself to be proficient fundraisers and masterful event planners, and rely heavily on the Gala to raise money. The need to cancel this highly anticipated event for the second consecutive year comes as a tremendous blow to the foundation's ability to raise funds and they need your help! It with deepest gratitude that I thank the volunteers of the San

Diego County Dental Foundation for all that they do all year long to support our community, and I hope that as a society we can come together to help their efforts even without an in-person event. Stay tuned for opportunities to donate through virtual programs and silent auctions!

In the meantime, I'll be enjoying the start of what will hopefully be a winning football season. Hook 'em!! •



Here I am with my sister Valerie at the last gala in 2019. I hope to see you at this year's Virtual Gala on September 25th.



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**San Diego County Dental Society**



Megan Clarke, DDS



*It was on a day not unlike today, seventeen years ago, when it hit me: I was over \$250,000 in student loan debt and because I did not yet have my dental license in hand, I had no concrete means of paying it back. That license was a gating item for my DEA license, my malpractice insurance, etc. (Maybe things have changed? That is how I remember it). No employer would even look at my application without it.*

*I managed, distracting myself with a newfound passion for refurbishing old furniture (we still have the dining chairs and buffet I stained during that time!). We dentists like to plan, and not being able to do so scared me in a way I had never been scared before. Aside from disability and sale of my practice, this was easily the most stressful time of my life.*

*Those feelings come back to me as I read about the struggles that today's dental school graduates face. If you were like me, you held certain beliefs about what the future would hold. It is for you, newly minted dentists, that I write.*

## Some Helpful Advice I Wish Someone Had Given Me Upon Graduation

**1.** That first job will come, and it will neither be perfect, nor will it be your last! (Unless you will eventually take over your parent's office, in which case, god speed!) It may involve doing hygiene, working at a DSO, working for a temp agency or even community health. Keep at it. The office I eventually purchased came from a hygiene position I took because my student loans were coming due.

**2.** You will learn the most from that first job, both clinically and non-clinically. You will learn how you want to do things, and, more importantly, how you do not want to do things. You may think that things are not fair. You may find yourself second guessing the treatment plans of the senior doctor. Real world dentistry is quite different from how they teach in school. Understand that it is your first foray into the real world of clinical dentistry. Take notes and apply accordingly.

**3.** Your learning has only just begun. Invest in yourself and invest early. Take more CE than you need. (SDCDS offers quite a few) Join a study club. There are institutes throughout the country who offer the training to fine tune your skills. Prior to disability I earned an average of 100 CE hours a renewal period. I enjoyed it and found it highly rewarding.

**4.** Failure will happen. Anyone who says otherwise is either a) a robot or b) not being honest. Sorry, but this is the truth. Things happen. Porcelain fractures. The patient has saliva glands that resemble Niagara Falls. (maybe try a rubber dam in the latter instance?) I could go on. Be objective and try to correct your mistakes. Which leads me to the next lesson.

**5.** Always be honest and own those mistakes. We are human. And trust me when I say that the truth will always come out in the end. You will most likely earn your patient's trust in the process.

**6.** Listen to the assistants and treat them with respect. They are the main interface between an office and your patients are often looking to them with the belief in you, the doctor. They know more than you think.

**7.** Do the right thing. Is the treatment plan the right thing for the patient in this moment in time and in the long term? Is there a lesson in treatment planning that can be learned? I had a pediatric patient show up to the office for an MO filling on tooth #7, only to discover that upon exam that T was slightly mobile. Upon further glance at the treatment plan, the family hadn't been to the office in over a year. I didn't do the filling.

**8.** The "6-month-recall-test". Will your work pass the test? Before you cement that crown, think about that bite-wing in 6 months. Will you be proud of your work or will you cringe? If it's the latter, do not proceed, and fix what needs to be fixed. Your work quality and your integrity are on the line. And the way to remedy it will provide you with the lessons you need to be learning at this stage of the game.

**9.** As my professor at Pacific, Dr. Peter Jacobsen used to say, "You're the doctor, Doctor." Be confident in your treatment plan. Your patients are looking to you for the treatment. You need to believe in it.

**10.** Don't be afraid to be your authentic self. This is how your patients get past the fear they have in you. Hear me out on this. When they see you as a caring individual who has their best interests in heart (and a little pharmaceutical intervention in certain cases) they are less likely to see you as Steve Martin in Little Shop of Horrors (look it up if you haven't yet seen it-it's a classic!) and more a person who cares about them. That belief in you as an individual will earn you a patient for life.

*We all wish you the best of luck in the coming years and are here for you. And congratulations!*





## San Diego County Dental Foundation

Once a year or so, I dedicate this column to our foundation knowing that many of our members don't even know we have a charitable arm. SDCDF was incorporated as an independent 501(c)(3) in 1992, but it remains linked to the society in many important ways. While our dental society has as its mission the success of our dentist members, the foundation is concerned with oral health education and access to dental care in the community. It is the sibling of the society, if you will, and carries out many important functions.

For years we have supported local health fairs and granted scholarships to students entering dental school. More recently our foundation has given generously to other local oral health outreach organizations like the Children's Dental Health Association, Mary & Gary West Senior Dental Center, and UCSD's Student-run Free Clinics. Our flagship project is the John Geis, DDS Dental Clinic at Veterans Village of San Diego.

Our foundation's annual budget is now in the hundreds of thousands, and none of your dues money goes to support it. With a dedicated board and a shoestring staff, we work hard to raise the funds to support our various endeavors which in turn improves the oral health of our local community.

Our largest single fund-raiser of the year is the annual gala. We've been planning it for months, but our committee recently made the heartbreaking decision to cancel the in-person event. The last thing we want to do is contribute to our members, supporters and their families getting sick. We also recognize that a dentist can't do dentistry while quarantining for two weeks.

So instead, we are encouraging everyone to watch our virtual event at 6:00pm, Saturday, September 25th. Even better, host a "Watch Party" on that date with a small group – preferably outside where Covid transmission is much less likely. In any case, please make a generous donation at [www.sdcd.org](http://www.sdcd.org). We count on your ongoing support! •



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SDCDF is a tax-exempt entity organized under IRS Section 501(c)(3), so contributions are tax deductible.



## Welcome NEW *San Diego County Dental Society* Members

**Elias Koutros, DDS:** NYU, 1990

**Matthew Rodman, DDS:** UOP 2021

**Neelab Anwar, DDS:** USC, 2018,  
Orthodontics at Eastman Dental Center, 2020

**Jelena Matijevic, DDS:** Univ of Illinois at Chicago, 2021

**Babak Javidi, DDS:** Boston Univ. 2017,  
Pediatrics at Boston Univ., 2020

**Levi Powell, DDS:** USC, 2021

**Kanika Bembe, DDS:** UCLA, 2015,  
Periodontics at Nova SE Univ., 2018

**Rene Rodriguez, DDS:** Int'l, 2019

**Geraldine O'Mara, DDS:** Univ of Michigan, 2020

**Anna Grinberg, DMD:** Univ. of Pittsburgh, 2009



# New Grad Experiences, Struggles and Hobbies Obtained During the Global Pandemic

A Collaboration by Dr. Rob Frey and Dr. Yvette Carrillo

## The Graduation Ceremony



**Jenner Heyer D.D.S., M.S.**  
UT San Antonio

### How was the graduation experience different for you during the global pandemic?

Far from traditional, my Covid graduation consisted of being hooded by my research mentor in my co-resident's apartment living room (an experience in which I am grateful for given the circumstances!) Surgical cases, those we had been working on for much of residency, were cancelled and transferred to younger residents to complete. Our families were unable to celebrate with us in a traditional graduation ceremony. In all, we had a somewhat anti-climactic end to our educational journey. Regardless, it was a unique and memorable time.

## Job Hunting

**Kishen Godhia**  
UCLA

### Did you have difficulty finding a job?

I started my job hunt early and reached out to several dentists at the beginning of my D4 year.

### What qualities were you looking for in an office?

I knew it was important to me to find associate positions with dentists who valued their patients, their team, and that I could see as mentors rather than just employers.

**Maria Petroche**  
Boston University

### How did your job hunt unfold during the COVID-19 global pandemic?

At first, I found it difficult to find a full-time position, particularly because I was out-of-state at the time. I started looking at websites like Indeed.com without any luck. I found it helpful to ask faculty and my program director about positions. I was fortunate to have found an awesome position through my program director, Dr. Dibart.

### What was an unexpectedly pleasant about quarantine?

Residency flies by so fast, and during quarantine, I felt like time stopped and this allowed me to breathe. I was able to catch up on my reading, projects and I found online learning enjoyable. Though I really missed my co-residents and the in-person camaraderie, seeing them online was also nice.



### How did you look for jobs?

With the above in mind, I was able to narrow down who I wanted to work with and reached out to them via social media.



### Was there anything that was tough about staying at home 24/7 and turning your home into the "classroom"?

Staying focused was difficult when you are in sweatpants at home. I started wearing real clothes towards the end and making stronger coffee to help me stay focused throughout the day.



**Andrew Glover**  
University of Minnesota

### Did you feel it was the right decision applying to residency during a pandemic?

My decision to apply to residency was made well before the pandemic even happened, so for me it was still the right choice to apply. I wanted to become very proficient and knowledgeable in a small area of dentistry, and that is what residency training will do for me.

## Residency During the Pandemic

### Did you enjoy online learning?

I would much rather learn in person. I'm more mentally engaged with the speaker and atmosphere when I'm in the same room with the instructor. That said, I did appreciate the flexibility of online learning from the standpoint that I can be anywhere in the world, and still be "attending class", in addition to being able to learn when my schedule allows.

### What do you think the future of dentistry will hold? Do you think dentistry is sustainable after a global pandemic?

The biggest thing I think COVID reinforced to the dental community is that dentistry is elective, and as such, dentists must be able to show patients the value (and safety) of dental care. I strongly believe dentistry is a sustainable profession even in a pandemic, but only if the dental team can educate patients on the value of dental care and be prepared financially to weather a government-mandated shutdown.

### What was the most difficult part of learning from home?

The biggest shortfall for online learning in dental education is the practical application of hand skills, clinical judgement, and patient management - you simply cannot attain that with online learning. As my class's clinic time was significantly reduced and the instructors attempted to help us learn through online seminars, it did not have the same effect as actually treating patients. We all graduated with much less experience due to that.

### How did your classmates cope with online learning and isolation?

Everyone coped differently, but most people developed a new schedule that allowed them to watch the lectures and get through the classes. Outside of school, some students just stayed inside and isolated, while others travelled and saw National Parks or friends in other states. Some even started their own businesses, and some took advantage of the free dental CE that was being offered.

## Hobbies

**David Sang Hun Kim DDS**  
Loma Linda University

### What hobbies did you pick up during the quarantine?

Covid gave me a lot of time to catch up on the tv shows on my watch list and the ever-growing stack of books I had previously bought from Amazon. I've always loved cooking, so I used the time to learn new techniques, particularly bread-making, which had always been challenging for me. I was also able to assemble a decent home gym and started to take golf more seriously. Also, I started writing songs and drawing again.





Here's what one dentist had to say regarding their mentor experience:

*"I am learning more from them than they are from me. They have such energy. I have had a mentor for 20 years and it is my time to pay it forward. Very rewarding."*



## MENTORSHIP PROGRAM

The San Diego County Dental Society's Mentorship Program, launched in 2018, aims to connect seasoned and experienced dentists with our newer member dentists. We are so proud of how our members have come together to share their wisdom and skills with the upcoming generation. So far, over 100 members have participated as either mentors or mentees.

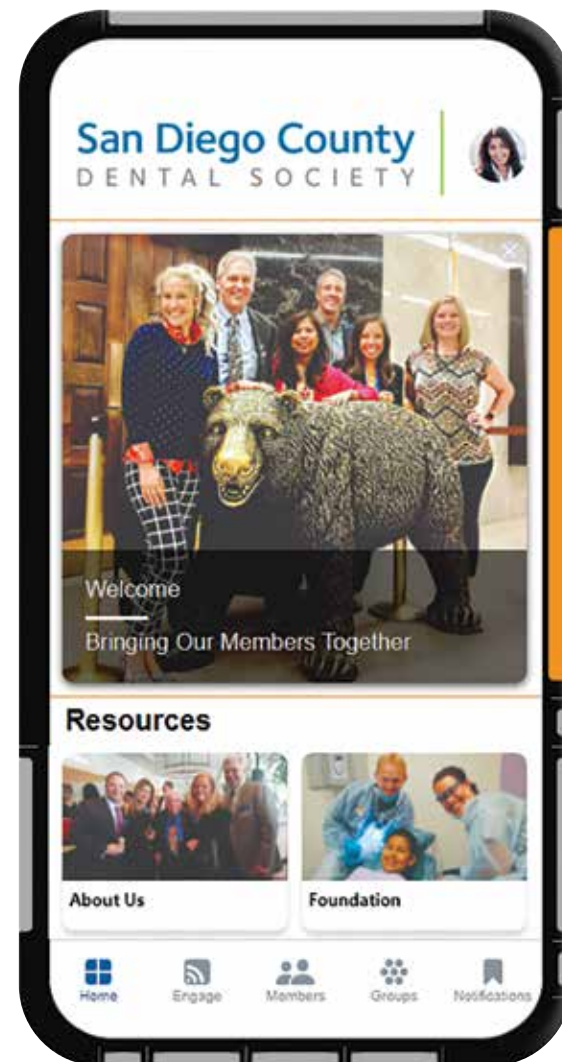
All members are welcome to participate in this program. If you are interested in being matched with someone or want to learn more, please visit: [sdcds.org/mentorship-program/](https://sdcds.org/mentorship-program/) or email Meg Hamrick, Membership Coordinator at [membership@sdcds.org](mailto:membership@sdcds.org) or call (619) 275-7189.



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## Tips and Tricks for recent graduates

Dr. Robert Frey, DDS, MPH



*"After finishing my AEGD in San Jose, I was stumped. I did not know where to start with the job application process. My residency program forced us all to be at home since the beginning of the outbreak. I knew that I had to be innovative and do things differently than what was done in the past. These are some of the few things I learned while applying for the job during the pandemic."*

### Five things I learned while applying for a job during the pandemic

#### 1. Create opportunities. Don't wait.

During the pandemic, I was not sure what the job market was going to be for an associate dentist. I worried that no one was going to be hiring or looking for an associate due to offices being shut down for a couple of months. I scoured the dental forums, Indeed, LinkedIn, essentially, everywhere there could be a job posting. Searching and searching, it dawned on me: Why not create the opportunity, rather than look for it? Why don't I put myself out there and reach out to people, who I believed, would be a great fit for me? Putting myself out there was the first step in being proactive in the job hunt.

#### 2. Brand yourself.

I knew that to be recognized or even considered for a job, I had to brand myself. I had to make myself marketable. Yes, I do have DDS, but I also had to figure out what made me different. I had to ask myself these questions: Why a practice would want to hire me and why patients would want to see me? What makes me special or different? I needed to establish my "why". First place to do this is on social media – utilize what you already have - Facebook, Instagram, LinkedIn.

#### *So how do I do that?*

Creating an interactive resumé. I wanted to establish a way for people to connect with me without having to "meet" me. There was little chance, during a pandemic, that future employers would want to meet with me in person. It would probably have to be over Zoom, so I wanted to make sure that I gave my prospective employer as much information as I could without having to "meet" them in person. To do that, I created a website, where

I put not only personal photos, but also my online resumé, my references, and my practice philosophy, so that people, whomever it may be, could get to know me better. I wanted to whet my prospective employer's appetite, but also have them get to know me without added pressure.

#### 3. Ask for help from others.

Throughout my job hunt, I asked numerous people to review my cover letter, my resumé, preview my website, and even for moral support. Job hunting is very stressful, so having someone as an extra eye to review all that can help greatly.

#### 4. Snail mail is the way!

Snail mail nowadays is underrated. Do not e-mail your future job prospective. I am sure that many of you have hundreds of unread e-mails, and if something comes into your e-mail, either you forget about it or don't even open it at all. In my opinion, mailing a physical package is the way to get your future prospective employer's attention.

**BONUS TIP:** Purchase a stamp that says "confidential". Most of the time, this will bypass the front desk and land straight on your future employer's desk.

#### 5. References – it's all about who you know. *Don't underestimate your connections.*

I knew that coming out of dental school, one itches to move forward from school and onto the real world, but believe me, many of your professors have a lot of connections. Utilize them and ask them if they know anyone. When you do apply for a job, place some references. This will help your future employer get a better sense of who you are and verify that you are not making stuff up.





## Pat, the Bus Driver



At four years old, I was an average-sized toddler with larger than average-sized hair. I wore wispy bangs that covered half my eyes, the surrounding hair was long, brown, curly, fuzzy, and probably half as big as the rest of me put together. My clothes were always mismatched. As soon as my mother left for work, I would immediately undo my hair, quickly change clothes, and head to the end of the street to catch the school bus.

I did this every morning, only to be turned down by Pat, the bus driver. I guess you need to be a certain age to go to school, and enrolled - who knew?

I tried to convince my older brother to take me with him. "Please!" I would ask.

He would bring home goodies for me from the school store like colorful erasers or pencils. These colorful school supplies only made me want even more to go to the magical school place.



I'm not sure what my fascination with school was, but this fascination has lasted for 30 years, where I continue to love

being in a school setting. Maybe it's the learning, maybe it's the camaraderie, maybe it's the school supplies.

Finally, after nearly a year and a half, I was cleared to go back into academia. Like most of us in private practice, dental school suffered as well, and furloughed most of the faculty (myself included). I was unable to teach from the clinic floor and zoom teaching from home was the new norm.

Maybe now I'll figure out the fascination. I do know for certain that I'm excited to head back into school. This time Pat, the bus driver, won't stop me. •

Yvette Carrillo DDS, MS graduated from Loma Linda Univ. School of Dentistry 2015 & 2018 respectively. She is a diplomate of the American Academy of Periodontics. In addition to private practice, she is an adjunct faculty member at various teaching institutions. Dr. Carrillo enjoys blogging, working out, cooking, and spending time with her fiancé, Dr. Riley Garrett, a medical anesthesiologist practicing in San Diego.



**San Diego County**  
DENTAL SOCIETY

**ATTENTION MEMBERS: DON'T LOSE YOUR CE UNITS**

**SDCDS Online CE Platform ends September 30th**

Hello Members,

After a year and a half of on-line learning, we're looking forward to seeing you in person again. We will end our relationship with Viva Learning as of September 30th. In order to **save your CE certificates**, you'll need to log into your [sd.dentalsocietyce.com](http://sd.dentalsocietyce.com) account before September 30th to save them. Use this QRcode and follow the directions online. We hope you've enjoyed the on-line platform that we made available during the pandemic. Visit [www.sdcds.org/events](http://www.sdcds.org/events) to view our calendar for the rest of this year.

For further questions please email Fernanda Parra our CE Coordinator at [admin@sdcds.org](mailto:admin@sdcds.org) or call (619) 275-7188.



**QR Code:** Open the camera on your smart phone and hover it over this QR code. A link will pop up on your phone. Select that link and it will open the necessary webpage.



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## A Look Back at Career Crossroads

At the time of this blog's writing, we are in the midst of graduation season. Several of my chairside conversations with patients have involved graduation from college or high school. Listening to them and seeing the sparkle in their eyes as they described their plans for the future, it made me remember how special these moments are. College graduates are finally starting their "real jobs". High school graduates are keen to start the next academic chapter of their lives in higher education. The best part is listening to how excited they are to share their special moments with their families and how they chose their future careers.

One patient in particular – a college graduate- described his new job prospect in accounting for which he had to relocate to another state across the country. "Why accounting?" I asked. He described his fascination with numbers and how he could apply that skill to various industries. Another patient had just finished college with a degree in environmental science and wanted to continue her graduate studies with a master's degree. The more I listened to their choice process, the more I was reminded of why graduations are so special: they literally mark the starting point in one's lifetime career and all the opportunities it brings with it. If any of us listened to these young graduates and wished they could do it all over again, what would we tell them? Some of these patients studied fields I might have considered had I not chosen dentistry as my profession. It certainly made me think about how different my life could have been had I simply taken a turn in a different direction. It can be as simple as one mentor, one family member or even one experience for a student to

influence them for their lives to change forever. My great aunt recently told me that as a high school student, her uncle had admonished her against being a pharmacist and instead convinced her to enter the profession of law. She then practiced law for almost 50 years.

Graduations mark endings but also beginnings. As I reflected on my own graduations, I remembered that feeling of jubilation and bittersweet moments at each one. Most of all, I remembered how once upon a time, I was also in the dental chair myself telling my dentist that I wanted to go to dental school and asked him how grateful I would be if he could write me a recommendation letter. And such is the circle of life. •



Dr. Barakat graduated from Boston University School of Dental Medicine, completed an AEGD residency in Detroit and practiced in New England before moving to San Diego. She is currently in private practice and is the President of the San Diego AGD component. She is a regular contributor to the AGD's Daily Grind blog.

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**DEL MAR:** *New Listing!* 4 Ops, Digital, Open Dental, Conservative Practitioner, Approx 4 days of hygiene per week. Seller is eager for a quick sale. Refers out specialty work. Excellent opportunity in a very desirable location. #CA2724

**LA MESA:** 7 Modern Ops, 4 Equipped, Digital X-Rays, Eaglesoft in an excellent stand-alone location with easy freeway access. **SOLD** \$696K with room to grow with specialties. Don't miss this rare opportunity. #CA1915

**NATIONAL CITY:** 6 Ops, 14 years goodwill in highly visible strip-mall with digital X-Rays, I/O camera, and Eaglesoft PMS. Loyal patient base and staff, an excellent opportunity to purchase a thriving practice. 2019 GR \$754K. #CA1465

**SANTEE:** Rare Opportunity to own a practice and property. General practice with 7 Ops, Digital X-Rays, Pan, and Dentrax. In an excellent location with ample parking and visibility. 4,600 sq. ft. stand-alone building is also for sale. Practice is in a growing community with many years of goodwill. 2020 GR of \$302K. #CA2549

**SAN DIEGO:** 4 Ops with Adtec equipment and computers in each op with I/O Camera and ScanX. Modern and beautiful office with 10 years of collections. Highly desirable area, this listing will go quickly. 2019 GR \$881K. #CA1601

**SAN DIEGO:** Rare opportunity in a prime location. Solid practice with 17 years of goodwill and 5 days of hygiene per week. 6 Ops, 5 equipped, digital X-rays, Pano, Datacon software. Seller refers out most specialty work. #CA1448



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**Sept 10th:** Let's Talk Future .. how's yours looking??  
6PM San Diego Yacht Club  
- rsvp requested by 8/25/2021

**Oct. 12th:** Treatment Planning Session  
6PM /Place TBD/Light Dinner provided

**More Information:** May Tong, Study Group Coordinator  
[may@mvoms.com](mailto:may@mvoms.com) 619-298-2200 x107

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DENTAL SOCIETY**

Follow us on Social media! stay informed, at [sdcds.com](http://sdcds.com).





# June 18: Contemporary Dental Ceramics A to Z



## JUNE 18th CE EVENT

SDCDS held their first clinical in-person CE in a very long time at the MCAS Miramar Commissioned Officer's Club. Dr. Edward A. McLaren presented "Contemporary Dental Ceramics A to Z" on June 18th.

## Support for this course provided by:

CDA,  
CA Dentists Guild,  
Carestream Dental,  
Donahue & Horrow,  
Fortune Management,  
Garfield Refining,  
General Refining  
Corp. and  
Kunau & Cline, INC.



# July 11: Day at the Ballpark Padres vs. Rockies



**JULY 11th Baseball Game:** SDCDS held our first in-person social outing since early 2020! Although the Rockies ended up beating the Padres 3-1, our members still enjoyed the fun. Thank you to our sponsors: Cosentus Business Solutions and DDSMatch for their support.





**FOR SALE/LEASE****Attention dental practice buyers!**

We've sold over 350 San Diego dental practices since 2004. Most of our listings are sold in less than 30 days. Get added to our Buyer Notification List so you can find out about our newest listings before they appear in ads. Ken Rubin Practice Sales, Inc. call 619.299.6161, krpracticesales.com

**Available for Lease - Mission Valley Location**

Up to 3,737sf available for lease in Mission Valley, perfect for dental office. Next to Riverwalk Redevelopment (4,300+ units) w/ great exposure & parking. Tenant improvement allowance possible. Contact: Reg Kobzi | CBRE | Lic. 00917639 | 858.546.4604 | reg.kobzi@cbre.com

**Dental Space in Walmart Oceanside Center**

1,600 sq ft dental office space located in Oceanside Walmart and Vons anchored power center. For more information please contact Reg Kobzi | CBRE | Lic. 00917639 | Tele. 858.546.4604 | reg.kobzi@cbre.com

**Existing Dental Office Available in Scripps Ranch For Lease**

Existing Dental Office of approx. 1,500 SF now available for lease in Scripps Ranch Supermarket Anchored Center. For information contact Reg Kobzi | CBRE | Lic. 00917639 | Tele. 858.546.4604 | reg.kobzi@cbre.com

**Specialty Dental Office For Lease in Sorrento Mesa**

3 equipped dental operatories w/ sterilization room – Brand New office w/ New Equipment. Can be expanded to 4 - 5 treatment rooms. No General Dentistry /Ideal for Endodontist / Orthodontist to move existing or grow a new practice. Call 858.354.4062 to set up viewing appointment and discuss terms.

**Beautiful Boutique Dental Practice  
for sale in Pacific Beach at Mission Bay**

Upgraded interior, large operatories and low overhead. Currently open only 2 days/week with an active and growing patient base. 2020 collections \$127K. Perfect for a new or seasoned general dentist or a specialist. Easy freeway access and ample parking. Come check out this stunning start-up and see how you can make it your own. There is so much potential! Seller relocating. Asking price \$95K (negotiable). dentalpracticeforsale2021@gmail.com

**Pacific Beach Dental Office for Lease**

3 ops, 900+sf, vaulted ceiling. Windows on all 4 sides! Security gates and ample parking. Best location in PB next to Trader Joes. Available April 1, 2021. Contact Dr. Fallon 619.379.3771.

**General Dental Practice for Sale**

3 Ops , digital x rays, paperless office. Great opportunity for dentist who would like to grow a practice, increase hygiene production, or add to existing patient base. Good for specialty dentistry. Please send CV to LEBC825@gmail.com

**Dental suite for lease.**

Beautiful, pristine and desirable beach community of Del Mar 635sf. Perfect for a first or second office. Plumbed and ready to see your first patient. Available December 1, 2021. Contact Craig DeWitt, Craig@deltasd.com , 619.465.5851

**SUPPORT SERVICES****Anesthesia associates**

I.V. sedation and general anesthesia in your office. Dental Anesthesia Associates - Board certified Dr. Marco Savittieri, Dr. Tyler Tomkinson and Dr. Regina Dowdy. Providing anesthesia services to San Diego County Dental Society members. Dentalanesthesiaassoc.com. Call Brigitte at 760.451.0582. *We thank you for your continued support!*

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**BUSINESS OPPORTUNITIES****Looking for Orthodontist/Endodontist to Share Dental Office**

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**HELP WANTED****Orthodontist Wanted**

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**Hey Members, there is a new learning platform at: CDA Presents 360**

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<https://www.cda.org/online-learning>

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FRIDAY

SEP 10

New DDS Social



**Summary:** Come out and enjoy social hour on us!

**Time:** 6 - 8 PM

**Location:** SD TapRoom 1269 Garnet Ave SD, CA 92109

**Register:** [sdcds.org](http://sdcds.org) | 619.275-7188 | [membership@sdcds.org](mailto:membership@sdcds.org)

**Pricing:** Free for members

**Includes:** Drinks and apps

**Sponsor:** Patterson Dental



SUNDAY

SEP 12

6th Annual Afternoon Tea Women in Leadership Conference



**Summary:** Have a cup of tea and learn some helpful tips on how to maintain a positive work/life balance.



**Speaker:** Jennifer Chevalier  
Chief Strategy Officer for Fortune Management



**Time:** 12-3pm

**Location:** Paradise Point Resort and Spa

**Register:** (619) 275-7188 | [membership@sdcds.org](mailto:membership@sdcds.org)

**Pricing:** Free\* credit card required to reserve spot


**Includes:** Tea and light refreshments

**Sponsors:** Cosentus Business Solutions, Henry Schein, Implant Direct, USBank, and Wonderist Agency

SATURDAY

SEP 18

Forensic Dentistry



*Dispelling the "CSI Effect" Myth: An Overview of Contemporary Forensic Dentistry*

**Summary:** People are getting a skewed view of the true nature of forensic investigation. This issue is commonly known as the "CSI effect". Dr. Cardoza will dispel this myth.

**Time:** 9am-4pm (8am check-in)

**Location:** Handlery Hotel 950 Hotel Cir N. San Diego, CA 92108


**Register:** [sdcds.org](http://sdcds.org), 619.275.7188 or [admin@sdcds.org](mailto:admin@sdcds.org)

**Pricing:** member/member staff \$75, nonmember \$99

**Includes:** Continental breakfast, lunch, and light refreshments during breaks (please indicate special dietary needs when registering).

**Sponsors:** California Dental Assoc., California Dentists' Guild, Carestream Dental, Fortune Management, Garfield Refining, Ken Rubin Practice Sales, Union Bank, WEO Media

**Speaker:** Dr. Anthony Cardoza



FRIDAY

OCT 01

Dental Practice Act and Infection Control



**Summary:** This course reviews the DPA topics and regulations that are required for re-licensure. Then review CDC guidelines and State regulations for Infection Control.

**Time:** 8am-12:30pm (7am check-in)

**Location:** MCAS Miramar Commissioned Officer's Club 4472 Anderson Ave San Diego, CA 92126

**Register:** [sdcds.org](http://sdcds.org), 619.275.7188 or [admin@sdcds.org](mailto:admin@sdcds.org)

Registration closes Sept. 22, at 5pm

**Pricing:** member/member staff \$75, nonmember \$99 \*Eligible for 1 FREE CE Member Benefit\* Use coupon code: CEMEMBER2021

**Includes:** Continental breakfast provided during check-in (indicate special dietary needs when registering).

**Sponsor:** Fortune Management, Garfield Refining, Ken Rubin Practice Sales, Union Bank

**Speaker:** Diane Arnes



THURSDAY

OCT 07

Oktoberfest



**Summary:** Prost! The fest is on!

**Time:** 6-8pm

**Location:** Harland Brewing 10115 Carroll Canyon Rd SD, 92131

**Register:** [sdcds.org](http://sdcds.org) | (619) 275-7188 | [membership@sdcds.org](mailto:membership@sdcds.org)

**Price:** Free for members plus 1 guest

**Includes:** Traditional German fare and beer!



THURSDAY

OCT 14

New DDS Seminar: Buy it Build it Lease it



**Summary:** This panel style seminar will feature experts across the dental field with advice on what to do if you are looking to buy, build or lease your practice

**Time:** 6 - 8 PM (5:30 PM check-in)

**Location:** SDCDS Office

**Register:** [sdcds.org](http://sdcds.org) | 619.275-7188 | [Membership@sdcds.org](mailto:Membership@sdcds.org)

**Pricing:** Free for members

**Includes:** Dinner

**Sponsors:** Henry Schein

**Speaker:** Shery Mostofi  
Mostofi Law Group

Ali Karjoo  
Bank of America


Christy Conway  
Henry Schein Professional Practice Transitions Sales Consultant



THURSDAY

OCT 21

BLS Renewal for Healthcare Providers



**Summary:** Register early if your CPR card is expiring; limited spaces available.

**Time:** 5:30-9:30pm (5pm check-in)


**Location:** SDCDS Office

**Register:** [sdcds.org](http://sdcds.org), 619.275.7188 or [admin@sdcds.org](mailto:admin@sdcds.org)

**Pricing:** member \$40... (or use your \*1 free member benefit CE for 2021), nonmember \$60, member staff \$50


**Includes:** Dinner & refreshments provided during registration (please indicate special dietary needs when registering).


**Sponsors:** Kunau & Cline, INC and TDIC



TAKE ME TO EVENTS

[www.sdcds.org/events](http://www.sdcds.org/events)





**QR CODE:**

Open the camera on your phone and hover it over the QR code. The phone will automatically pick it up and a link will pop up. Then touch the link and it will take you to the SDCDS website with links to upcoming events.





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