



Veterinary Dentistry

SDCDS President Christine Alrock Fabb takes a break during her run to photograph her pups, Manhattan (3) and Estella (12).

**Jan/Feb
2022**

January 20

BLS Renewal

January 22

Dental Practice Act
and Infection Control

January 25

Dental Marketing
in 2022 Webinar

February 10

Dental Transitions

February 22

Professional Speed Dating

March 3

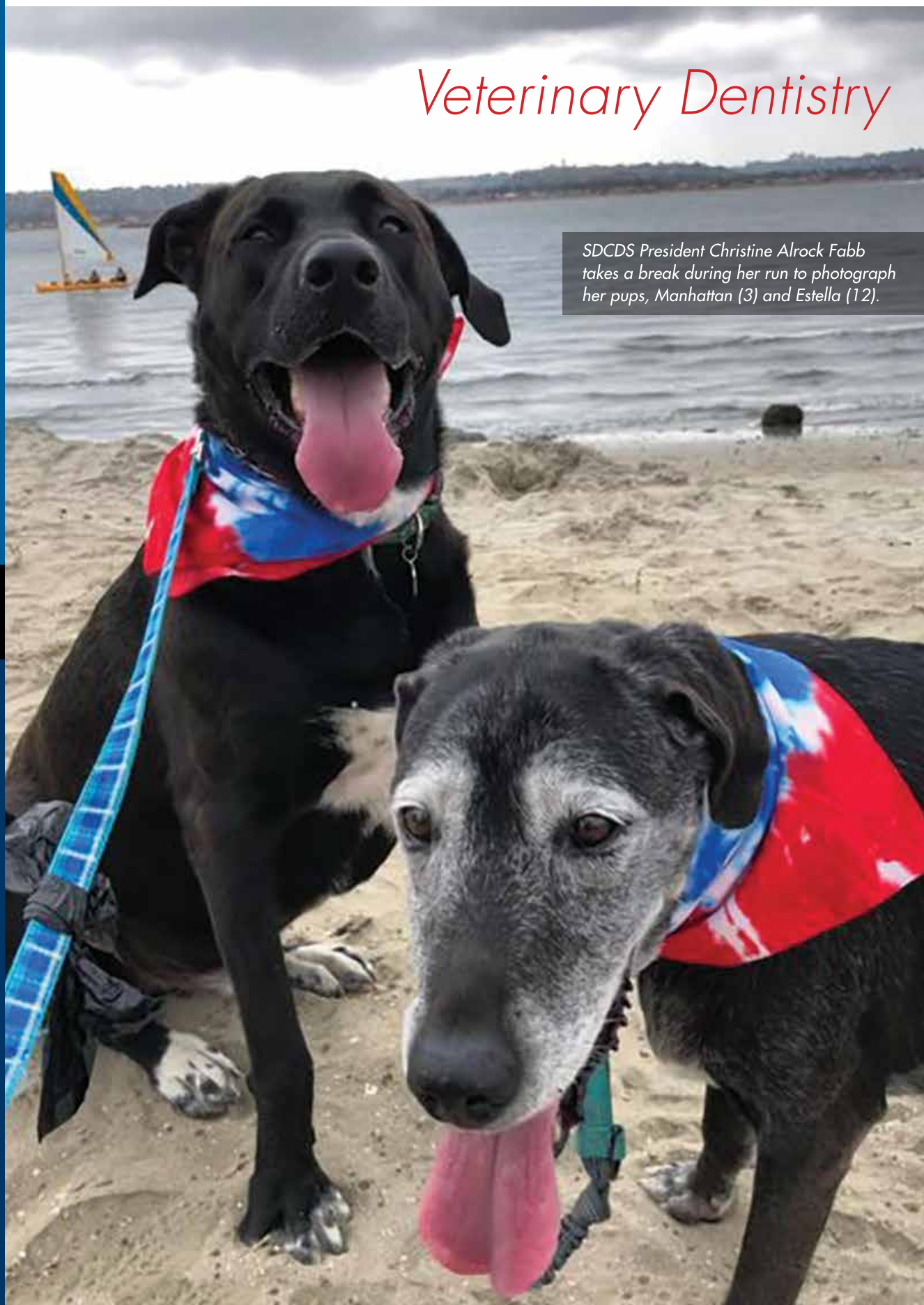
New DDS Seminar

March 10

BLS Renewal

March 19

Oral Surgery
for the General Dentist



PRACTICES FOR SALE IN SAN DIEGO

OVER 300 SAN DIEGO PRACTICES SOLD SINCE 2004.
EXPERIENCE REALLY DOES MATTER, DOCTOR!

YOU CAN RELY ON OUR PROVEN RESULTS, EXPERIENCE, TRUST AND DEDICATION IN THE S.D. DENTAL COMMUNITY.
SELLING DENTAL PRACTICES IS NOT EASY, AND THERE ARE TONS OF MISTAKES NEWBIES WILL MAKE.
CALL US TO FIND OUT THE FACTS **BEFORE SIGNING ANY LISTING AGREEMENT.**

Current Listings:

CARLSBAD: Well established office with 30 plus years of goodwill being sold with standalone building. 10 ops. Highly visible, highly accessible, fwy close location.

RANCHO PENASQUITOS: 4 ops. 29 years of goodwill. Highly visible shopping center location. Office remodeled in 2016 and has digital xray and Cerec.

LA JOLLA: 5 ops. Over 40 years of goodwill. Mostly fee for service. Great location with easy freeway access.

VISTA: 5 ops. State of the art practice with Pano, Cerec, and digital xray. Low overhead. Easy access with fwy close location. Seller must move away for family.

CARLSBAD: 4 ops. Nearly new buildout in superb retail location. Next to Panera Bread. Motivated seller wants to downsize.

SAN MARCOS: 6 ops. Highly coveted north county location in busy shopping center. Relatively new CT scan, digital xrays, and intraoral cameras. Invisalign and implants can be added.

KEARNY MESA: 5 ops. 29 years of goodwill. Centrally located in the heart of San Diego. Practice has excellent signage on one of San Diego's busiest streets. Long standing, large, loyal patient base.

ENCINITAS: 5 ops. Highly coveted North County coastal setting. Busy medical campus location with plenty of parking. Strong and loyal patient base. Well-trained skillful staff.

SORRENTO VALLEY: 5 ops. Excellent retail location in busy shopping center just off major freeway. Spacious, well lit, beautifully designed building layout, room for expansion and seller willing to associate.

POINT LOMA: 6 ops. Very nice well-kept modern office with top technology including Cerec, CT scan, 3D printer, implant and endo equipment. Located in the heart of San Diego. Plenty of parking.

WIN-WINS!
Happy Buyers & Sellers



***SELLERS: ASK ABOUT OUR 30-DAY
RISK FREE LISTING AGREEMENTS!**

(619) 299-6161

WWW.KRPRACTICESALES.COM

KEN RUBIN PRACTICE SALES, INC.



**San Diego County
DENTAL SOCIETY**

2022 Executive Committee

President	Dr. Christine Altrock Fabb
President-elect	Dr. Tyler Johnson
Immediate Past-President	Dr. Tina Beck
Secretary	Dr. Lilia Larin
Treasurer	Dr. Spencer Mauseth
Editor	Dr. Megan Clarke
Executive Director	Mike Koonce

2022 Board of Directors

Dr. Hoa Audette	Dr. Pamela MacPherson
Dr. Doug Cassat	Dr. Ghazal Navab
Dr. Jose Castillo	Dr. Lindsay Pfeffer
Dr. Jonathan Do	Dr. Chris Pham
Dr. Diana Heineken	Dr. Irvin B. Silverstein
Dr. Mark Macaoay	Dr. Scott Szotko

2022 Council / Committee Chairs

Chair, CDA PAC:	Dr. Robert Hanlon
Communications:	Dr. Christopher M. Maulik
Continuing Education:	Dr. Jonathan Do
Continuing Education:	Dr. Susan Nguyen
Editorial:	Dr. Megan Clarke
Ethics:	Dr. Ronald Garner
Finance:	Dr. Spencer Mauseth
Leadership Development:	Dr. Tina Beck
Legislative/Advocacy:	Dr. Paul VanHorne
Recruitment & Retention:	Dr. Faith Barreyro
Recruitment & Retention:	Dr. Sarah Silverstein
SanDPac:	Dr. Doug Cassat
SanDPac Treasurer:	Dr. Mark E. Salamy
Well-Being:	Dr. William R. Britton

San Diego County Dental Foundation

The Charitable Arm of the Dental Society.

OFFICERS:	
President	Dr. Daniel Witcher
Treasurer	Dr. Coleman Meadows
Secretary	Ms. Laura Maly
Exec. Director	Mike Koonce

DIRECTORS:	
Dr. Matthew Chesler	Mrs. Gene St. Louis
Dr. Trang Chesler	Mrs. Sherry Mostofi
Mr. Justin Klingshirm	Dr. Leslie Strommer

www.sdcds.org



stay connected with us

FACETS PUBLISHED BY

San Diego County Dental Society
1275-B West Morena Boulevard,
San Diego, CA 92110
Phone: (619) 275-7188
Fax: (619) 275-0646

EDITOR

Megan Clarke, DDS

MANAGING EDITOR

Fernanda Parra

EDITORIAL BOARD

Zeynep Barakat, DMD
Yvette Carrillo, DDS, MS
Tony Chammass, DMD
Robert Frey, DDS
Malicka Johnson, DDS
Lillian Liberto, DDS
Justin Messina, DMD, MD
Harriet Seldin, DMD, CDE
Eric Shapira, DDS, MAGD, MA, MHA
Brian Shue, DDS, CDE
Gloria Tengonciang, DMD
Daniel Witcher, DDS

GRAPHIC DESIGNER

Michael Metzger

SDCDS STAFF

Mike Koonce
Executive Director

Fernanda Parra
Media/CE Coordinator

Meg Hamrick
Membership Coordinator,
Accountant

Marissa Kristy
Development Operations Specialist

MEMBER PUBLICATION, AMERICANASSOCIATION OF DENTAL EDITORS

Facets will publish signed articles relating to all phases of dentistry, but assumes no responsibility for the opinions expressed by the contributors. The views expressed are those of the author as an individual, and do not necessarily reflect the positions or endorsement of SDCDS. Acceptance of advertising in no way constitutes professional approval or endorsement. SDCDS does not assume liability for content of advertisements.

AWARD WINNING FACETS



The International College of
Dentists – USA Section, awarded
Facets these publication honors
in Division 2:

2018 Newsletter Award,
2017 Newsletter Award,
Honorable Mention
2016 Outstanding Cover

January/February 2022

- 5 SDCDS President: Dr. Christine Altrock
- 7 Editor: Dr. Megan Clarke
- 9 Executive Director: Mike Koonce, MA, CAE
- 10 Volunteer and Leadership Opportunities
- 12 Veterinary Dentistry
- 16 Let me introduce: Dr. Malieka Johnson
- 18 Professional Speed Dating
- 19 Perio Pocket: Dr. Yvette Carrillo
- 20 Classifieds
- 22 Events



New Dentist Social Sept. 10, 2021, sponsored by Patterson Dental and held at the SD Taproom in Pacific Beach.

VOLUNTEERS NEEDED

Adopt A Patient:

Dentists willing to “adopt” patients (adults and children) for immediate or emergency needs in their office.

Community Events:

Dentists, hygienists and assistants to volunteer as needed at community events.

Health Fairs

and School Screenings:

Dentists, hygienists and assistants to provide and assist with screenings and education.

get more information at
support@sdcds.org

Chritine Alrock Fabb, DDS



Here we go 2022!!

Here we go 2022!! I am sure everyone is as excited as I am to be entering a new year. After participating in numerous roles within our organization, I am honored to introduce myself as your next San Diego County Dental Society president. Before being elected to serve on the executive committee, I served on the board of directors since 2015, held roles in the New Dentist Committee and the Retention and Recruitment Committee. These experiences taught me about the priorities of our local society and will help me as your president!

A little bit more about myself, I am originally from Thousand Oaks, graduating from UCLA (Go Bruins!) with my bachelor's degree in Microbiology, Immunology and Molecular Genetics. My interest in public health led me to obtain my masters in Epidemiology from the University of Washington. I spent a few years doing research and quickly realized that this was not the world for me. I worked in a dental lab and a dental office doing front office work and found myself wanting to be the dentist! I attended NYU, where I came away with not only a dental degree but also a future husband, Dr Brian Fabb. As you may recall, it was Dr Fabb that had the difficult task of guiding us through the first "2 week flatten the curve shutdown" as SDCDS President in 2020. After a GPR residency at USC (I know, I know... still will not root for the Trojans!), I moved to San Diego. Dr. Fabb and I currently practice together in Pacific Beach.

Living in Pacific Beach, I enjoy running (proud to say I have completed 10 marathons!), working out and spending time with our fur babies: Estella (my 13 year old running and stand-up paddle board buddy), Manhattan (113 lb lab mix- will run with me if less than 3 miles) and Peanut (a 10lb toy poodle). AND happy to announce in March our fur babies are gaining a little sister as we welcome the addition of our daughter. Becoming a new mother comes with many challenges. Taking on this job in the same year that I serve as your president, is another level of difficulty. But who would we be as dentists if we weren't up for a challenge?! And I get to share the experience with all of you. 😊

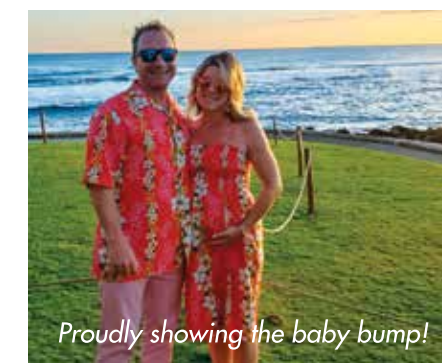
Serving as president as we enter our third year of the coronavirus pandemic, I look forward to the ways in which we can continue to connect with each other. In an era of social distancing, I hope to find ways to unite with our members, especially those members who do not normally attend continuing education, social events, and other Society staples. I hope to see more people at events as we can safely return to in person happy hours, lectures and meetings. I invite everyone to download the new app to check out events and get real time updates. Also please email or call the office if you have questions about events or have suggestions. I look forward to this upcoming year and welcome any input from fellow members!•



Paddle Board Pro



The 3 pups help us announce we will be welcoming a baby girl!



Proudly showing the baby bump!

A simple way for dental offices to manage patient payments

Union Bank® Merchant Services, provided by Elavon, makes payment transactions quick, convenient and easy. Our medical office solution is the flexible and secure web-based product that enables your dental practice to manage all patient payments from a single platform.¹

Increase opportunities for payment collection

- **Enable online payments:** Allows patients to make online payments, set up a digital wallet and sign up for eStatements
- **Cut costs:** Decrease paper processing costs, reduce patient phone calls and eliminate manual posting
- **Get paid more:** Customized patient payment arrangements make it easy for your clients to pay
- **Most trusted:** Payment card data tokenization ensures information remains secure
- **Dental software integration:** Interfaces seamlessly into any practice management system

To learn about our merchant solutions to help your practice grow, contact:

Jessica Johnson
Assistant Vice President, Small Business
619-990-7671
jessica.johnson@unionbank.com



¹ Subject to business and credit approval. Merchant Services provided by Elavon. Union Bank and third-party Merchant Services vendors are separate legal entities, which are not affiliated with each other in any way by common ownership, management, control, or otherwise. The content, availability, and processing accuracy of their websites and products are the responsibility of each respective company. Union Bank makes no representations or warranties as to the suitability, accuracy, completeness, or timeliness of the information provided, including any information provided by third parties.



Elavon Inc. is a registered trademarks of U.S. Bank N.A. in the United States and/or other countries. All rights reserved.

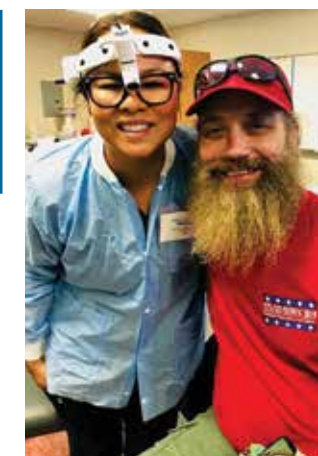
©2021 MUFG Union Bank, N.A. All rights reserved. Member FDIC.

Union Bank is a registered trademark and brand name of MUFG Union Bank, N.A. [unionbank.com](https://www.unionbank.com)



YOU CAN DONATE NOW
and help us to **FUND** events
where we treat veterans or children,
and to help us **FUND** scholarships
to encourage the next generation of doctors
sdcdf.org

SDCDF is a tax-exempt entity organized under IRS Section 501(c)(3), so contributions are tax deductible.









Love your practice with less paperwork.

Manage your TDIC account online, anytime.

Let The Dentists Insurance Company keep you covered and confident, so you can focus on the parts of practice you love.

Our website has more than a fresh new look. It's also now faster and easier to manage your policy when and how it works for you.

-  Pay a bill or set up recurring debits
-  Submit a claim and track its status
-  View and download policy documents
-  Access more risk management tools

Sign in and explore enhanced features or learn more at tdicinsurance.com.

Looking for one-on-one guidance navigating insurance options? We're always here for you.

Protecting dentists. It's all we do.®

800.733.0633 | tdicinsurance.com | CA Insurance Lic. #0652783

   @TDICinsurance

Endorsed by

**San Diego County
Dental Society**

tdic

Confession of a Reluctant Member of Organized Dentistry

As the title of this month's editorial suggests, I have something to confess: I was never really interested in getting involved in organized dentistry. Like, at all. I have dear friends who sit on various boards at the local, state, and national (and international in some cases) levels. While I greatly admired and respected their commitment to furthering the position of our profession and furthering the mission of helping our patients and community at large, I just never saw myself getting involved.

Why not, you might ask? There was a myriad of reasons. Time, energy, and familial obligations were certainly at the top of my list. The overall busyness of my practice after having both my daughters was the most rational excuse I gave when asked to volunteer at certain events. But I would be remiss if I didn't mention another factor altogether that was really at the heart of my hesitation: it was intimidating!

Over my eleven years in private practice that feeling never went away. Sure, I had met members over the years who were involved, beyond the friends whom I've mentioned above, and so many of them exuded a call to serve the greater good, a good that went beyond their own immediate success. I greatly admired their drive and illustration of a quality that I would hope to see among those who

volunteered to represent us. I would be remiss if I didn't mention that this was an extension of being in dental school, where members of my class joined the student body government. I enjoyed volunteering in smaller committees and did this while in private practice.

As I attended a recent meeting of the board, I started to think further about this. I must confess that I was trepidatious at attending. I was meeting with "The San Diego County Dental Society Board" for crying out loud. I planned out my outfit well beforehand. No longer practicing, my usual uniform had been placed to the back of my closet. Would I be required to speak? Would I know anyone? So many unknowns.

It was serendipitous that as I walked in, I met a member of my class, who welcomed me with the geniality of a long-time friend. And this continued as I met the rest of the board. It turns out I knew quite a few of them already. I had never felt more well received or welcome in any setting in my years as a practitioner. What I experienced was a sort of kinship, a feeling of being in a group who truly cared and hoped to make our profession better. For everyone! I was far from the only woman in the room and there were many different ethnicities and ages, a true microcosm of our dental community in San Diego. And there were certainly

numerous members whose career paths were different than my own. I came away with the feeling that this is not a closed off organization but one that is delighted to have new individuals and voices and perspectives, and who genuinely want to help dentists and our community.

And it made me realize that I am far from the only dentist who has felt that sense of trepidation! A common refrain I heard that night was a mission to enlist more voices and to engage the dental community. Times are very difficult right now in doing that, as in-person events are difficult and there is a plethora of online resources to fulfill our continuing education obligations. And that is why the call to action is so crucial!

Any organization is only as good as the level of engagement of its active members. We need your voices now more than ever before! As I discussed in my last editorial, times are difficult for our community's health care providers, dentists chiefly among them. We are on the front lines facing a plethora of health issues and are exceedingly busy as our patients defer much needed treatment, our stress levels increasing every day.

And helping out dentists is what our organization is all about! •

Welcome NEW *San Diego County Dental Society* Members

Freddie Hsiao, DDS, UOP, 2021

Mohamad Tarabishi, DDS, Int'l, 1984

Steven Danney, DDS, UOP, 1977

Allen Kim, DDS, LLU, 2017

Shehab Helal, DMD, Univ. of KY, 2014

Leah Stempfle, DDS, Univ. of Alberta, 2008

Robair Aldaya, DDS, NYU, 2018

Lucas Cristobal, DDS, UCLA, 2021

May Basheer, DDS, Univ. de la Salle, 2021

Cassie Starr, DMD, Univ. of KY, 2014

Christopher Hart, DDS, Columbia Univ., 2021



Private Disability insurance claim denials are on the rise.

IF YOU OR A LOVED ONE'S CLAIM HAS BEEN DENIED WE WILL FIGHT AGGRESSIVELY FOR YOU.

Settle for nothing short of exceptional results. Our team of highly experienced specialized lawyers led by Michael Horrow will relentlessly fight for you to obtain the best outcome.



Serving Dentists throughout California.

Call (877) 664-5407 to schedule your **FREE CONSULTATION.**

If your claim has been denied or delayed we are here to help. There are no out-of-pocket expenses for you.

DonahueHorrow.com/dental-professionals

Michael Horrow,
Founding Partner

New Member Benefit Download the app today!

"For this issue, our staff member, Fernanda Parra, has written an article on my behalf. We want to introduce our new app to you and since she has worked diligently to get it off the ground, I wanted her to tell you a little bit about it. Enjoy her article, and download the app today!"

The official app for members of the San Diego County Dental Society is now available in the Apple and Google app stores. We partnered with MobileUp to develop an app exclusively for the use of SDCDS members. Research shows that the average adult spends nearly 3 hours on their phone daily. The SDCDS app will be the new hub for all member activities and information, cutting out any lost communication, spam, or advertising interference.

With our new app, you can connect better with other members through groups based on your specialty, committee involvement, volunteer opportunities, and much more. Hear from other members who have similar issues, questions, and interests. You will have your own profile with your main office address, phone number, email, and website. This feature will allow members to find quick referrals.

With the SDCDS app you now have a better experience registering for upcoming continuing education courses and social events. We heard your concerns and hope this new feature will streamline the registration process. Our member-recommended vendor directory allows you to visit other members' favorite vendors! You can complete a form to share a vendor with us through the app at any time.

View the Update Archive to never miss another Friday email that contains important state and local dental news/regulatory issues.

Our fierce communication committee had the opportunity to test our app and gave us great feedback. Almost all said that it was easy to download and install. As we continue to develop the app to its full potential, we encourage everyone to download the app and provide feedback.

If you have trouble logging in, please contact me, I'm your Media & CE Coordinator, Fernanda at (619) 275-7188 or admin@sdcd.org.

What's your 2-5 year plan?

If it includes transitioning your practice, our Professionals can help guide you through **ALL of your options.**

*The Practice Optimizer Experience™
transition on your own terms*



FOR MORE INFORMATION, CONTACT SEAN SULLIVAN AT
ssullivan@ddsmatch.com OR 855.546.0044

HENRY SCHEIN® DENTAL PRACTICE TRANSITIONS

DENTAL PRACTICE BROKERAGE Making your transition a reality.

PRACTICE SALES • VALUATIONS/APPRAISALS • TRANSITION PLANNING • PARTNERSHIPS • MERGERS • ASSOCIATESHIPS



Christy Conway, MBA
LIC #02143744
18 Years in Business
(619) 889-6492
Christy.Conway@henryschein.com

CARLSBAD: New Listing! Beautiful practice with 5 Ops, modern design in a suburban growing area. Digital Pan and Sensor, soft tissue laser, paperless with Dentrix and 30 NP per month. #CA2933

DEL MAR: 4 Ops, Digital, Open Dental, Conservative Practitioner, Approx 4 days of hygiene per week. Seller is eager for a quick sale. Refers out specialty work. Excellent opportunity in a very desirable location. #CA2724

ENCINITAS: New Listing! Desirable area, strip mall location with 5 Ops, Digital PAN, Digital Sensor, soft tissue laser, paperless with Dentrix and workstations in every Op. Averages 25 NP/mo. with room to grow keeping specialties in-house. #CA2935

N. COUNTY INLAND FACILITY ONLY: New Listing! Excellent location solid anchor stores in a busy shopping center. 5 Ops, 4 equipped plus 4 chair ortho bay. Great space for GP looking to expand or specialist wanting second location. #CA2840

POWAY: New Listing! Busy main road location, modern office with 6 Ops in a medical building. Dentrix, Dexis Digital x-ray, CBCT, soft tissue laser. Solid foundation and room to grow with specialties! #CA2932

SAN DIEGO: New Listing! Beautiful practice in affluent area with 4 Ops, CEREC, CBCT, Digital, and paperless. Room to grow keeping specialties in-house. #CA2896

SAN DIEGO: New Listing! Rare Opportunity – Seller Retiring! Beautiful 4 Op, GP Practice in a highly desirable location. Situated in a Medical Building, Good Cash Flow, Reputable dentist doing quality work. Dentrix, Digital X-Rays. #CA2851

SAN DIEGO: 4 Ops with Adeco equipment and computers in each op with I/O Camera and ScanX. Modern and beautiful office with solid collections. Highly desirable area, this listing will go quickly. 2019 GR \$881K. #CA1601



Dr. Russell Okihara
LIC #01886221
33 Years in Business
(619) 694-7077
Russell.Okihara@henryschein.com

SOUTHERN CALIFORNIA OFFICE

www.HenryScheinDPT.com

619-889-6492

Henry Schein Corporate Broker #01230466

Committees & Volunteer Opportunities

Many ways you can help

Communications

Become involved with the committee making key decisions about technology & the ways we communicate with our members.

Continuing Education

Get involved with the committee in charge of our Continuing Education offerings! We need help keeping courses fresh and on the cutting edge of the science of dentistry and practice management.

Political Action

Become a part of the committee that influences legislation affecting dentistry at the local, state and federal level



New Dentists

Help us plan social events and special seminars designed for new dentists (those 10 years or fewer out of dental school).

Well-Being

Critical to a healthy component, this group assists dental professionals in our community who suffer from alcohol and/or chemical dependency.

Editorial Board

Help provide content and oversight for FACETS magazine

Ethics

This committee offers dental professionals and the public an avenue to express ethical complaints and concerns about our members and have them reviewed and mediated



Recruitment & Retention

This committee devises strategies to bring in new members & serve our existing members thereby keeping organized dentistry strong.



General Volunteer

Volunteers are always needed to help out at events in the community such as school screenings, health fairs, and one-day clinics.

SDCDF Board

The San Diego County Dental Foundation is the charitable arm of our society which creates and raises funds for innovative programs and volunteer opportunities to enhance the oral health of our community.

SDCDS Board

The San Diego County Dental Society Board of Directors conducts, manages, and controls the business affairs of the organization. Terms for each officer is 2yrs. Qualifications for board members include 2yrs on a committee or equivalent leadership experience.

Gala Committee

Invitations, menu, décor, you name it! The Gala Committee meets monthly to plan the details of the annual fundraising gala for 350+ attendees.



GKAS

This program provides dental screenings, sealants & fluoride varnish to kids under 18 at no cost to families. During February and March each year, schedule GKAS patients during your regular workday or volunteer your skills at a clinic.



Geis Clinic

The John Geis DDS Dental Clinic at Veterans Village of San Diego provides comprehensive oral healthcare to formerly homeless veterans as they rehabilitate and seek jobs. The clinic is seeking volunteer dentists to treat patients and oversee dental students.



Elected Positions

(previous committee experience required)

SDCDS (SOCIETY)

- ☐ Board of Directors, 2yr term
- ☐ Delegate to CDA House, 3yr term
- ☐ Secretary, 1yr term, 1 position*

Note: The Secretary position (year 1) requires a 4 year commitment. This official moves to President-elect (year 2) followed by President (year 3) and finally Immediate past-president (year 4).

SDCDF (FOUNDATION)

- ☐ Board of Directors 3yr term

Note: According to Foundation Bylaws, directors serve 3-year terms. Officers (President, Treasurer, Secretary) are elected by the directors during a board meeting.

Committees

- ☐ Well-Being
- ☐ New Dentists
- ☐ Editorial Board
- ☐ Membership Recruitment & Retention
- ☐ Communications Committee
- ☐ Political Action
- ☐ Continuing Education
- ☐ Gala
- ☐ Ethics

Note: Ethics is open to members of SDCDS for 5 years or more.



LEADERSHIP



VOLUNTEERING



ADVOCACY



SOCIAL NETWORKING

Volunteer Opportunities

- ☐ Health/Education/Career Fairs
- ☐ Veterans Village Clinic
- ☐ Homeless Outreach Programs
- ☐ Pro-bono dental treatment
- ☐ Sealant and Varnish clinics/ Give Kids a Smile

What skills do you have to offer?

- ☐ Finance/Accounting
- ☐ Lecturing/Speaking
- ☐ Legislative/Advocacy
- ☐ Writing/Editorial
- ☐ Fundraising
- ☐ Meeting Planning
- ☐ Media Relations
- ☐ Auction/Event Planning
- ☐ Social Media
- ☐ Recruiting
- ☐ Information/Technology
- ☐ Public Speaking
- ☐ Mentoring

Scan
code to
apply
online



NAME

EMAIL

best email to contact you regarding committee/leadership involvement



VETERINARY DENTISTRY by Zeynep Baraket

It's midweek and a patient with a unilateral facial swelling, was reported to have difficulty chewing food. Upon a clinical and radiographic examination, it was discovered that the patient had a fractured and abscessed tooth. This could be any patient in our schedule. Except, it happens to be a 5,000-pound elephant bull. Now what?

If we thought human dentition was fascinating enough to devote our lives to it, animals have no shortage of their own remarkable teeth or tusks. And that doesn't include animals with no teeth at all, only powerful jaws to swallow food, which makes for an astounding chewing machinery! The breadth of fascinating facts on animal dentitions and their adaptations is so extensive that only so much could be included for this article.

At the most basic level, what animals tend to eat typically determines what teeth shape, size and even occlusion they have. Carnivores, like the wild wolf, have incisors meant for piercing prey and sharp cusp tips on their carnassials, or molars to help with shredding and crushing bones and flesh. How would the herbivorous camel chew a cactus,



one might ask? By using thick keratinized papillae that line its mouth to push the cactus needles down its throat. But for all the wonders of the animal oro-facial designs, they too can have dental disease, which can be debilitating and, in many cases, the unfortunate cause of the animal's death. Gingival hyperplasia, apical abscesses, fractured teeth, or advanced periodontitis are not limited to humans. There may be cross-



overs in how these conditions are treated but veterinary dentistry is no easy field.

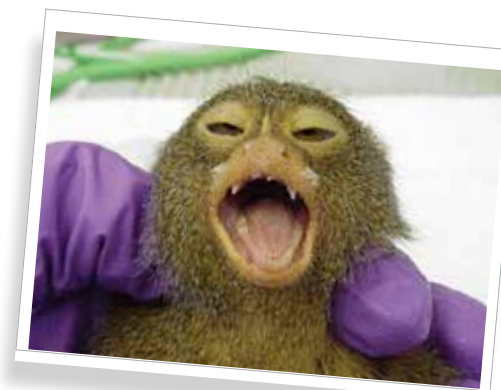
If you ever thought that being an expert in human dentition was enough to work on animal dentitions, think again. I consulted Dr. Allison Woody, DVM, DAVDC and Dr. David Fagan, DDS for a glimpse into their world of dentistry in both exotic and domestic animals. I came away astonished at the complexities and specialization of this field. We may be dentists and happen to love animals, but unless we have a veterinary license, we are not permitted to perform dental procedures on animals. We may, however, be assistants to licensed and insured veterinarians, according to Dr. Fagan, a human dentist himself. Dr. Allison Woody, who practices in San Diego, is a Board-Certified Veterinary Dentist TM, of which the world has only 200. Her specialty of vet dentistry was first recognized in 1995.

All licensed veterinarians may perform dental procedures on animals, but graduates of vet school can apply to the American Veterinary Dental College (AVDC) for post graduate residency training for 3 years after which they become diplomates of the AVDC – no short road for those vets who have a specific passion for the oral cavity like we do. Like the ADA Seal of Acceptance, the Veterinary Oral Health Council is also instrumental in distinguishing home care products that aim to promote oral health in animals. When not working on domestic cats and dogs, Dr. Woody also travels throughout the US and internationally, treating exotic animals for dental diseases.

Dr. Dave Fagan, a remarkable dentist whose interest in the integration of treatments and technology from human dentistry to the treatments of oral diseases in animals, led him on an extensive career in animal dentistry working alongside veterinarians. A past CDA and San Diego County Dental Society member, he founded the Colyer Institute, an organization that studies oral disease in animals, and which has some of the world's most renowned veterinarians, including Dr. Woody and our local San Diego Zoo Wildlife Alliance lead veterinarian, Jim Oosterhuis, DVM. Also included in this organization are anesthesiologists, physicians, and animal specialists. Dr Fagan is currently a valued consultant to the San Diego Zoo Wildlife Alliance, among other organizations, and has published numerous peer reviewed studies on oral disease in animals and lectures globally on various topics on veterinary dentistry. Alongside Dr. Woody and the rest of the Colyer team, he has helped treat enormous and dangerous mammals for dental problems.



So how do these clinicians know when an animal is having a dental problem? Obviously, animals don't get to describe their symptoms, so a diagnosis is typically reached by observation or as an incidental finding in an annual exam. Dr. Woody lists some of the signs of dental trouble that domestic pets' owners may notice ranging from their pets chewing unilaterally, and having a reduced desire for firmer treats, to weight loss and rubbing their faces with their paws. Exotic animals in captivity have keepers who notice a decline or difficulty in their food intake. And once it's determined that the ailment is of a dental or oral origin, the vet dentists go to work.



Domestic pets undergoing dental procedures must be put under full general anesthesia, Dr. Woody emphasizes, which can be done in practice settings like hers. A procedure on a large mammal, by contrast, may involve up to thirty people or more, beginning with intense pre-op planning and customized instruments specific to that animal. For example, an elephant with an abscessed tusk will need hoists and cranes, the likes of which are found on construction sites. A gorilla with Dilantin-induced gingival hyperplasia will need a laser for its gingivectomy. Meticulous plans are drawn up for the procedures while anesthesiologists plan on sedation methods for the animal and they bear the responsibility of ensuring a multi-ton animal doesn't wake up mid-

procedure. If it did, the result could be fatal to the treating doctor.

This is not four- handed dentistry. Continuous blood transfusions can range between a whopping 24 to 40 L per hour for an anesthetized elephant while intubation and manual ventilation to keep the animal alive are all mapped out and discussed at great length beforehand. "Once the animal is successfully sedated, that is when the dental office is set up", says Dr. Fagan. The clock starts ticking and the team, including Dr. Woody, leaps into action and maneuvers their dental and medical equipment around the sleeping animal with an orchestrated precision that reminds me of the Bolshoi ballet. A clinical exam is followed by x-rays of the area of concern after which the offending tooth, tissue, or tusk is confirmed and the magic begins.

Depending on the animal, abscessed teeth or tusks are extracted or treated. Pulp tissues debrided and filled. Orthodontic malocclusions such as underbites are corrected. Gingival growths and sialoliths are removed. Mandibular fractures evaluated. Cheetahs, walruses, rhinos, gorillas, leopards – the list of animals treated is exhaustive. For hours, the vet dentists and the team are crouched in front of the animal's mouth, that our cushioned plush dental chairs seem unfairly luxurious.

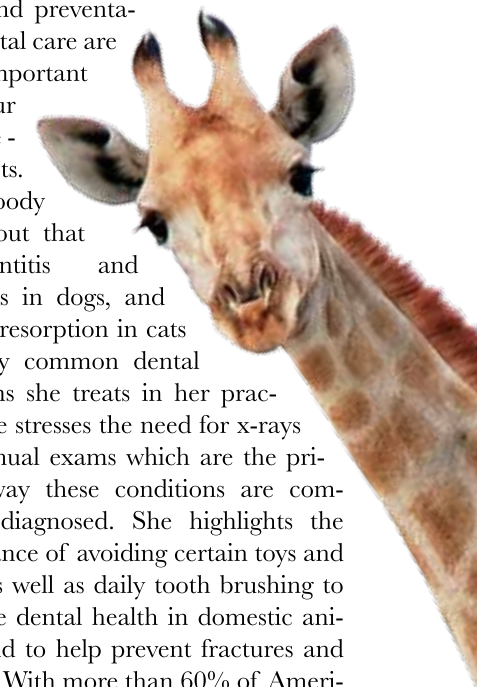
As far as materials go, according to Dr. Fagan, only about one third of the materials we use in our dental offices are used in exotic vet dentistry. Nonetheless watching videos of the use of periostomes to extract a tusk, bone graft material to preserve extraction sockets, or alginate impressions to restore a fractured tusk with "crowns", the treatment principles were, if for a moment only, like our human counterparts. Treatment procedures can take up to 4 hours after

which the arduous process of reversing the anesthesia and hoisting the animal begins.

Clearly, working on an animal's mouth is no easy feat and truly humbling. Moreover, a dog's molar anatomy isn't the same as an elephant's. As human dentists, we should appreciate the variety of dentitions veterinarians have to contend with. The next time I fight a matrix band over # 18 wishing that the cusp was slightly more curved, or a strong tongue that obstructs my crown prep, I will now think twice about my wish list.

Dental disease, its diagnosis and treatment and preventive dental care are very important for our household pets. Dr. Woody points out that periodontitis and fractures in dogs, and painful resorption in cats are very common dental problems she treats in her practice. She stresses the need for x-rays and annual exams which are the primary way these conditions are commonly diagnosed. She highlights the importance of avoiding certain toys and foods as well as daily tooth brushing to promote dental health in domestic animals and to help prevent fractures and disease. With more than 60% of American households with either a dog or cat as a pet, the need for animal oral care is clearly vital to the pet's health. "80% of companion animals will have some type of dental disease by the time they are two years old", says Dr. Woody.

And while we can't brush an elephants' teeth perhaps the same way we do our own, our efforts to conserve wildlife appear to include preventing fatalities due

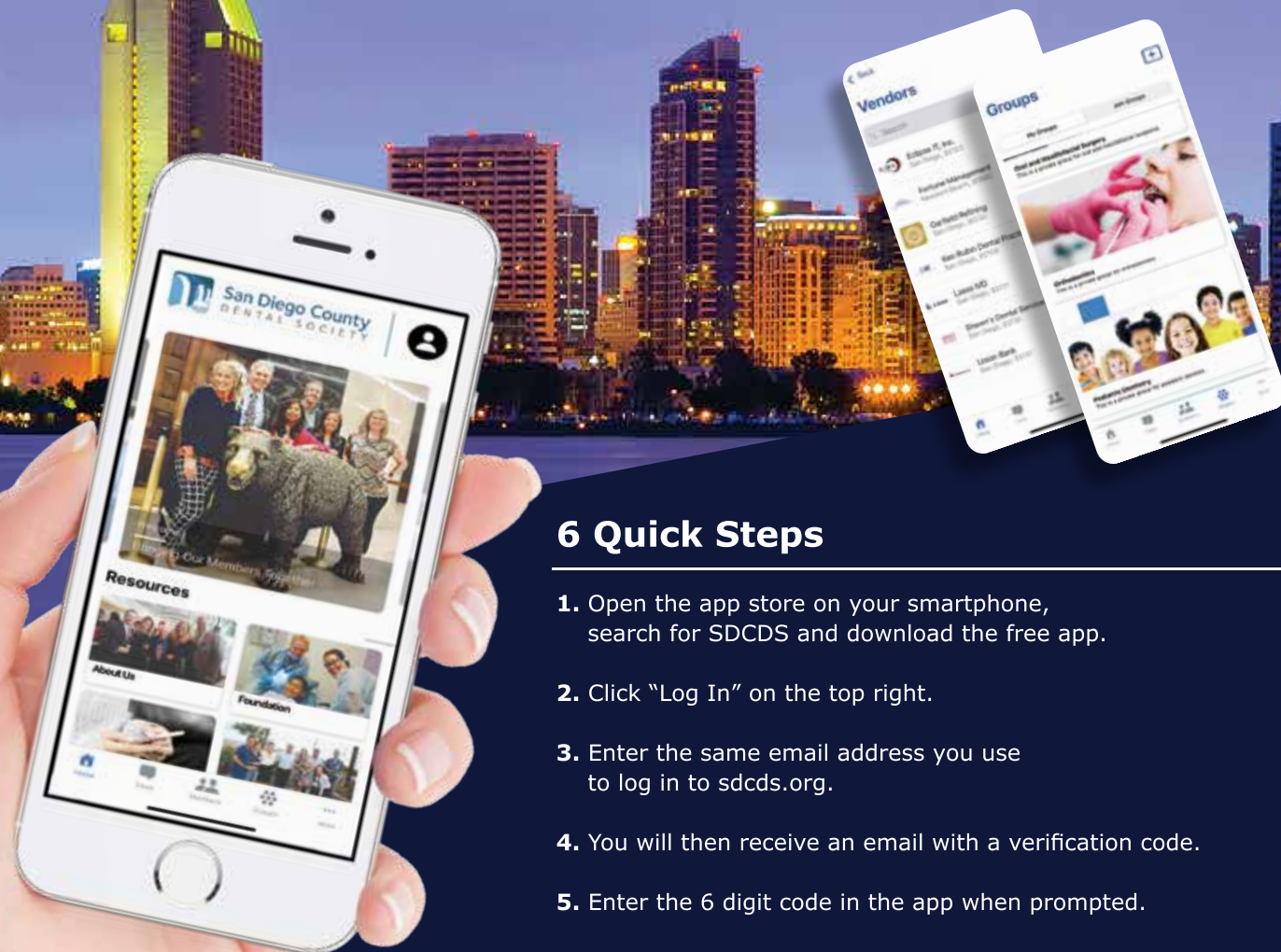


more page 15

Download the official SDCDS app today!

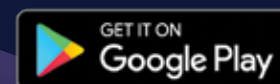
(Exclusively for SDCDS Members)

With our new app you can connect with other members through groups, search volunteer opportunities, find quick referrals, easily register for upcoming CE courses and social events, scan our member-recommended vendor directory and more! Try it out now, it's free.



6 Quick Steps

1. Open the app store on your smartphone, search for SDCDS and download the free app.
2. Click "Log In" on the top right.
3. Enter the same email address you use to log in to sdcds.org.
4. You will then receive an email with a verification code.
5. Enter the 6 digit code in the app when prompted.
6. Explore all the great features this app has to offer.



Trouble logging in? Contact our Media & CE Coordinator Fernanda at (619) 275-7188 or admin@sdcds.org



Canine abscess on a Mandibular First Molar



An Equine dental patient



Drs. Woody & Fagan preparing to take an intraoral x-ray on a tiger



Veterinary Dentistry continued

to dental disease. A walrus with an infected tusk, for example, can lead to its blindness. An underbite malocclusion on an elephant can cause serious complications rendering it unable to chew its food. Animals with dental pain or broken teeth can become more vulnerable to predators in the wild.

So, vet and human dentists may have different days at the office and treat different species with different teeth or "masticatory apparatus" as Dr Fagan calls it. But my journey through animal dentistry ultimately revealed that the principal connection between good oral health

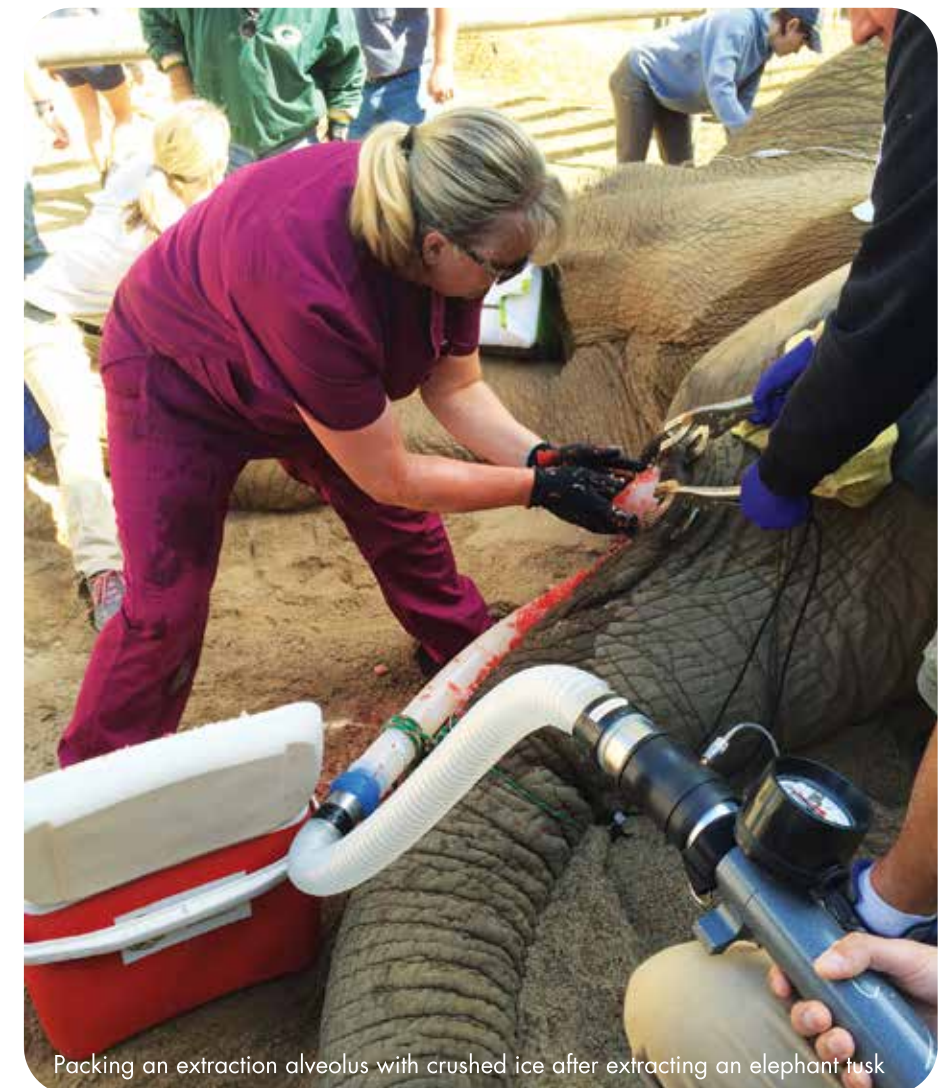
and general health spans spectrums of various species. It is that mouth-body connection that binds both human and vet dentistry and lies at the core of our professions' common objectives, be it for two or four-legged patients. 🐕



Pre-op x-ray on abscessed incisor of a snow leopard



Post op x-ray showing completed Root canal treatment



Packing an extraction alveolus with crushed ice after extracting an elephant tusk



Let me introduce... is a column started in 2021 as a way to introduce us to the many members that make up our fabulous San Diego County Dental Society. We hope you enjoy getting to know your colleagues better. – Interviews by Dr. Malieka Johnson

LET ME INTRODUCE...

Dr. Douglas Christiansen



Our SDCDS Representative at CDA



SDCDS Pirate Gala



Vacationing in Bermuda with Michelle

I have had the privilege of knowing Dr. Douglas Christiansen for a few years and have volunteered with him in organized dentistry. He is a man of service but I hadn't realized the full scope of his commitment to being a good steward along with his desire to make and leave dentistry better than he found it until after our interview. Many of you may know him from his years of service and I hope others are inspired by his adventures and willingness to say 'yes' when asked to serve...

...Without further ado, please meet Dr. Douglas Christiansen.

Where are you from originally?

Where did you grow up?

I am not from anywhere. I am a military brat. I was born in Riverside, then we moved to Colorado, spent some time back and forth between Northern Cal and Southern Cal and finally we moved to Hawaii. (Next time I will use arrows to show Dr. Christiansen's travels. :-))

Are you from a big, medium-sized, or small family?

Smaller, my parents, me, and I have 2 sisters, one passed away, and I have a sister who lives in Hawaii still.

What was one of your favorite childhood memories or activities?

We used to go camping a lot as a family. We used to go up into the local mountains. I know now that we weren't that far away from home but it seemed as a kid like a different world to me.

Where did you complete your undergraduate studies? What did you major in?

I started off at the University of Hawaii and finished at Cal State San Bernardino. I majored in biology. I don't

know what I would have done if I didn't get into dental school. I had no plan B and did not know what I would have done with a biology degree. I didn't even attend my graduation because I considered my biology degree to only being halfway there.

What was your "aha" coming to dentistry moment? How did you choose this fine profession?

I got interested in it because I had braces when I was a kid. I saw what the orthodontists did and it was cool. My parents encouraged it. You are your own boss, you are in healthcare and helping people. I was the first one in my family to be a dentist. I really like to do something that is worthwhile and it seemed like a worthwhile occupation.

Where did you attend dental school? What year did you graduate?

I attended UCSF and graduated in 1982. After dental school I was a Navy Dentist for five years. I went from Japan, Okinawa -> Korea -> Japan -> Hawaii. I then served in the Navy Reserves for another five years and was stationed in San Diego. During that time I worked

as one of the Navy's first civilian dentist contractors at 32nd Street Dental Clinic while I looked for a practice opportunity.

What do you love most about general dentistry?

Every day I feel like I have done something useful and worthwhile. You come home and you have helped your patients and they leave happy. That's what gets me going every day. I like to work with my hands and I like to problem solve.

Do you own your own practice?

Yes, DC Dental Care (formerly De Anza Dental). In 1988 I took over my first practice in Clairemont from a dentist who was ill and was forced to retire. I heard about the practice, and it was just what I was looking for. (It was) a small practice and (I) started working in it while I was still working for the Navy. In 1993, I moved locations to the office where I am now.

Are you married?

Yes, to Michelle. She is a dental hygienist. We met at the Hotel Del Coronado at a fundraiser. We hit it off. She was president of the local dental hygiene so-

ciety. We used to have the dental hygiene board meetings at our house. I would type up her minutes and agenda because they didn't have a staff.

What do you enjoy doing outside of dentistry?

I love to ski. Downhill in winter and in the summer I do windsurfing. My wife and I love going to the beach, sailing, and traveling. I love music but I am not musical. I don't play an instrument, but I wish I did. I love all kinds of music. We go to all different types of arts events at The Globe and The Civic.

What is one thing on your life bucket list that you have yet to fulfill?

We like to visit different islands and have places around the world we want to travel. We usually don't return to places. We like to make it memorable and stay in historic places. If I could play any instrument it would be the saxophone, I love the saxophone. I also would like to speak Spanish fluently.

Do you volunteer in dentistry? Are you involved in the dental society or other form of organized dentistry or dental missions? (Disclaimer: This was a loaded question — I had no idea what was coming. And, I thought I was doing something)

Yes, Joel Berick was the past president of the dental society and he tapped me to help out on the Council on Ethics. Russ Webb was President of the CDA

and he asked me to be on a task force to create a leadership development committee and that was my first real experience working up at CDA. Later I went up to Sacramento to serve on the Judicial Council I was also Chair of Children's Dental Health Month and we got about 1000 kids to show up at Balboa Park. We were trying to get into the Guinness Book of World Records. All the schools were involved. I have been a part of the Peer Review Committee for the dental society, the Host Committee with CDA. I got recruited to the board of directors and did that for a while and then I was asked to run for executive committee. I became President of the dental society in 2004. After that I went on to the foundation board. I was on that board for a number of years. Around that time Carol Summerhays was President of CDA and she tapped me to run for a trustee position for San Diego, so I spent more time in Sacramento. It was a 6-year commitment. Right now, I am an ADA Delegate and I am on the board of directors for TDIC the insurance company and chair of the underwriting committee. I am a part of the finance committee with TDIC and CDA.

My wife and I went to Fiji and helped with a dental clinic that was being built. We helped with supplying instruments and education with some of the kids. I have done 4 or 5 of the CDA Cares events and used to do more locally with the Sealant Clinics. Before we built

VVSD, I (saw) patients pro bono for work before the clinic was open. My wife and I used to do stuff with Salvation Army for Thanksgiving.

Do people ever tell you that you look like someone famous?


It's funny you ask; I always look like someone's best friend's brother. I am like okay, poor guy. It's not someone famous but I hear that a lot.

If a fellow dentist wants to reach out to you can they email you?

Yes, that's the easiest way to get a hold of me, through email. doug@deanzadental.com

Doug's words to live by: "Most of the stuff I have been doing is because someone asked me too. It is not that I had a burning desire. Someone in leadership would ask me to help out and I would say, 'Yeah I can do that.' I just want to be a good steward for the profession of dentistry." (To this I say, "Yes and Amen!")

I hope you have enjoyed getting to know Dr. Christiansen as much as I have. The more we learn about one another and the more we come together around our commonalities and our diversities the more we grow and thrive as a community. That's how we build not only our collegial network but it is one way we can build friendships. We hope you like this new series. Enjoy getting to know someone new each issue. We are indeed better together!

**SAN DIEGO ADVANCED STUDY GROUP**
A Seattle Study Club
"Cultivating Excellence in Comprehensive Dentistry"

Feb 8th: Samuel Low, DDS "Successful integration of RDH in managing today's perio/implant patient" 6pm. Sharp Spectrum Auditorium, Light Dinner Provided.

Mar 9th: Rosemary Bray "Great Teams Deliver Real Service" 8:00am-4:30pm. Doubletree Hazard Center.

Mar 22nd: American Safety Emergency Medical Training 6pm. Sharp Spectrum Auditorium, Light Dinner Provided.

More Information: May Tong, Study Group Coordinator
619-298-2200x107 • may@mvoms.com

**San Diego County**
DENTAL SOCIETY

Follow us on Social media! stay informed, at sdcds.org





Professional Speed Dating Success Story:

Dr. Heta Bhansali (above right) and Dr. Virginia Mattson (left) are both members of SDCDS. Dr. Bhansali became Dr. Mattson's associate after formally meeting at a previous Professional Speed Dating event hosted by SDCDS. We thank them for sharing a bit about themselves and how this event has helped them advance their professional careers.

Meg Hamrick, Membership Coordinator conducted the interviews:

Where did you meet?

HB: We had met briefly at another SDCDS event but didn't talk about the possibility of being her associate until the professional dating event in 2020

VM: Dr. Bhansali and I met formally at the Professional Speed Dating event! We've seen each other on several occasions like the Women's Leadership Tea Conferences, Christmas parties, and gala events. We love to go to social gatherings hosted by the dental society.

How long have you worked together now?

HB: We have worked together for 1 year and 9 months. I look forward to working together for many more years

VM: We'll grow old together!

How did you prepare for the Pro Speed Dating event?

HB: I made a list of my goals for next year. The list included how many days I wanted to work, what kind of practice I wanted to be a part of, salary expectations etc. [I] Refreshed my resume and made a few copies to give to prospective employers

VM: No preparation necessary! I just had to be there, [I] brought a few business cards, pen and paper for writing some notes!

How was your experience at the Professional Speed Dating event overall?

HB: It is a great way to introduce potential associates to employers or practice buyers to sellers. It is a unique event and very beneficial.

VM: For me, it was a success! I was able to find my associates there twice at two different occasions. I had hired this wonderful dentist, he worked here for a few months. My staff and patients loved him, but his plans had changed and he had to move on. We miss him! However, Dr. Bhansali is here now and she's here to stay!

How valuable was it for you to get to meet with other members who could become potential associates?

VM: For me, I'm always out there looking for good people to work with. The professional speed dating was really just that... quick and fast! It's almost impossible to really get a sense of.... would this dentist be a good fit, can they handle my schedule, will my staff like him/ her? So then, you make notes and several phone calls the next day. It was very valuable because you get to see what's out there, meet familiar and new faces, make connections, eat dinner for free. Thanks to the dental society and I didn't have to place an ad!

What advice would you give to someone who is looking to buy a practice or an associate position?

HB: Go to this event at least once even if you think you are not looking for another job or a practice to buy. Be sure of what you want but still keep an open mind.

VM: I think it's very important to network and make connections! Attending events like this is a start. There are several member benefits events that the dental society put out throughout the year that is fun and a great way to meet people. Put yourself out there, smile, talk to people and see what happens next!



New Year, New Me

Just kidding. Same person...It's still me.

BUT— it IS a new year! And with that, comes new opportunities (and new Coronavirus variants). Again, kidding. Well, kinda.

I can't help but feel a little pessimistic, even a little bit of Groundhog's Day syndrome when reflecting on 2021 and trying to predict what 2022 has in store. We've been here before, hoping things would go back to "normal," and just when we started to feel like we were in the clear... another variant popped up. Looking DIRECTLY at you, Omicron!

While most begin 2022 with setting new goals and resolutions... I didn't. A long time ago I stopped setting New Year's resolutions. I found through experience that I would quickly lose interest in my new fitness plan and instead browse the Postmates coupons. I am who I am. I do try instead to do monthly goals, weekly check-ins, and prioritize daily tasks as: urgent, moderate, and "eventually" (AKA I hope to get this done at some point).

What I did start in 2021 that carried into 2022 was going on weekly Peloton rides. At first Peloton was something I was totally against - if you remember the Christmas commercials from 2019 you know what I'm talking about. Also, I despise cardio in general.

So, when we had free access to a Peloton bike, I decided to give it a try. I had already dabbled in a spin class or two at a local studio and found the stress release and endorphin rush kinda enjoyable. Every week I got on the bike, and, without fail, every week I was last in the class. The instructors would play their fa-

vorite tunes, tell me how fast to peddle, motivate me to conquer the world with inspiring words and still, I was consistently in LAST place.

One thousand riders...a couple hundred...fifteen riders.... Always at the bottom 10% if not totally last. Eventually I started noticing on the interface that people were sending me "high fives." WHY? Sympathy virtual taps because I was doing so bad?! Probably so.

Class after class, I could not understand why I remained at the back of the pack. I did the recommended cadence, the recommended resistance, I did my best, so why was I last? Eventually, I accepted my doom. I kept showing up for the endorphin release and calorie burn. Cue "Eye of the Tiger" training montage. Eventually, a couple of times I made it to the top 10% of the class, only to quickly go back to cruising at 2mph.

So, what did I learn from being terrible at Peloton and what can we all apply to daily practice? I'm not sure.

Maybe the lesson is: try your best, and even if you're not winning, keep going, keep showing up? •



Yvette Carrillo DDS, MS graduated from Loma Linda Univ. School of Dentistry 2015 & 2018 respectively. She is a diplomate of the American Academy of Periodontics. In addition to private practice, she is an adjunct faculty member at various teaching institutions. Dr. Carrillo enjoys blogging, working out, cooking, and spending time with her fiancé, Dr. Riley Garrett, a medical anesthesiologist practicing in San Diego.

LOGO Refresh

If you have an eye for design, you probably noticed that this issue of Facets features a new logo. Our new look keeps the same font as before, but introduces a bold and fresh new feature in the "square". We're keeping the reference to Spanish Colonial architecture emblematic of San Diego, but using a treatment that will be easier to reproduce and recognize in many formats.

Don't worry, we're the same dental society, but maybe just a tad more contemporary. We hope you like the new look!



*Our next Professional Speed Dating event will take place Feb. 22nd from 6 – 8pm.
Find more details on page 22. You never know, you may find your perfect match!*

FOR SALE/LEASE

Attention dental practice buyers!

We've sold over 350 San Diego dental practices since 2004. Most of our listings are sold in less than 30 days. Get added to our Buyer Notification List so you can find out about our newest listings before they appear in ads. Ken Rubin Practice Sales, Inc. call 619.299.6161, krpacticesales.com

Dental Space in Walmart Oceanside Center

1,600 sq ft dental office space located in Oceanside Walmart and Vons anchored power center. For more information please contact Reg Kobzi | CBRE | Lic. 00917639 | Tele. 858.546.4604 | reg.kobzi@cbre.com

Existing Dental Office Available in Scripps Ranch For Lease

Existing Dental Office of approx. 1,500 SF now available for lease in Scripps Ranch Supermarket Anchored Center. For information contact Reg Kobzi | CBRE | Lic. 00917639 | Tele. 858.546.4604 | reg.kobzi@cbre.com

Pediatric Leaseholds for Sale

Previous pediatric dental office. 3 ops, 1000 sq ft in Escondido. Re-built in 2018. 2 years remaining on a 5 year lease. X-ray station, portable N2O tank, miscellaneous computers and laptops. Please contact Tom Herrington for further questions and showings. 619.723.1833 or tom@thetransitionadvisors.com

Location, location, location!

Busy North County San Diego dental office with room to grow! This private dental practice is located in a country setting yet is close to the city amenities. 5 Ops, 3 1/2 days/week. Practice revenues in 2021 to be over \$750K with a profitability over 40%. Many specialties referred out. No HMO's or Medical. Owner willing to stay on, PT, for a year if desired. Send resume to pobox12545@gmail.com. (No corporations please.)

Dental practice for sale Chula Vista

This dental practice has been in business in the same location for over 20 years and has 3 operatories with room for a 4th. Location is 1,440 square feet and has plenty of parking for patients. Located in a walkable area of Chula Vista surrounded by dining, grocery store, and residential neighborhoods. Business has 1 registered dental assistant, and 1 insurance biller/office manager. Contact Ricardo at ricardo@fcbb.com for more details

Del Mar

Beautiful, pristine and desirable beach community of Del Mar 635 sq. ft. Dental suite for lease. Perfect for a first or second office or specialist. Plumbed and ready to see your first patient. Available December 1, 2021. Contact Craig DeWitt, Craig@deltasd.com, 619-465-5851

San Marcos

For Sale/Lease: Orthodontics/Dental Office Condo ±2,081 SF San Marcos, CA. Corner suite with 4 operatories, 1 consult room & private bath w/ shower in doctor's office. For more information please contact: David Harper | +1 858 677 5335 | david.harper@colliers.com.

SUPPORT SERVICES

Anesthesia associates

I.V. sedation and general anesthesia in your office. Dental Anesthesia Associates – Board certified Dr. Marco Savittieri, Dr. Tyler Tomkinson and Dr. Regina Dowdy. Providing anesthesia services to San Diego County Dental Society members. Dentalanesthesiaassoc.com. Call Brigitte at 760.451.0582. *We thank you for your continued support!*

Dental equipment repairs

All makes and models, 35 years' experience. U.S. Navy retired dental equipment repairman. San Diego Dental Equipment Service and Sales. Steve at 619.200.2023

Office based dental anesthesia

Board-certified, licensed, insured. Anesthesiologist available to provide general anesthesia (or IV sedation) to patients in your office, pediatric or adult. Please contact me for more info. or questions. 40winksanes@gmail.com or 206.948.2468

HELP WANTED

Prosthodontist

Fee-for-Service practice seeks a part-time Prosthodontist to join a team of 3 other Prosthodontists to work in two office locations in Mira Mesa & Escondido ASAP. Pay on % of production with shared expenses. Email resume, call or text to discuss and set up a visit.

Help with Extractions

Looking to hire a dentist or periodontist or OMFS for surgical and simple extraction of third molars, surgical exposure of canines, and general extractions one day per month. Fee negotiable. Must have your own liability insurance, active licenses and be kind. Looking to start in January 2022. Location in South Bay. call 702.738.3258 or swaggysd@yahoo.com

Associate Dentist Wanted

Join a friendly Private Dental Practice in Kearny Mesa/National City where the patients are like family. The position is 1-2 days per week. A min. of 3 years experience is required. This is a family oriented and cosmetic dental practice. Please fax a resume to 858.571.5826 if you are interested in joining a fun and loving practice.

ADVERTISE IN FACETS

New Advertisers Wanted/ Reach 2000 local Dental Pros

Classified Ads start at \$40. Ad posts here & online at SDCDS.org. Display Ad pricing: Full page is \$1050, 1/2 page is \$578, 1/4 page is \$400, and 1/8page is \$200. Ad deadline for the March issue is February 1st, 2022, 619.275.7188 or admin@sdcds.org



MENTORSHIP PROGRAM

Here's what one dentist mentor had to say:

"I am learning more from them than they are from me. They have such energy. I have had a mentor for 20 years and it is my time to pay it forward. Very rewarding."

The San Diego County Dental Society's Mentorship Program, launched in 2018, aims to connect seasoned and experienced dentists with our newer member dentists. We are so proud of how our members have come together to share their wisdom and skills with the upcoming generation. So far, over 100 members have participated as either mentors or mentees.

All members are welcome to participate in this program. If you are interested in being matched with someone or want to learn more, please visit: sdcds.org/mentorship-program/ or email our Membership Coordinator, Meg Hamrick at membership@sdcds.org or call (619) 275-7189.



Scan this code to complete your application

TRANSITION ON *YOUR TERMS* WITH DDSMATCH

It all starts with a conversation.....

- PRACTICE SALES
- SUCCESSION PLANNING
- ASSOCIATE PLACEMENT
- FORMULATION OF PARTNERSHIPS
- DSO NEGOTIATIONS
- PRACTICE VALUATIONS
- AND MORE



SEAN SULLIVAN
Cal DRE #02084505



JASON OWENS
Cal DRE #02037346

We have 45 years of combined leadership and dental industry experience and 30 years of caring support for San Diego area dentists. We've developed collaborative partners, resources, and business connections in every corner of the dental industry and feature a robust web presence and a nationwide footprint of associates.



Successfully connecting the dentist's present with their future.

CONTACT US AT:

DDSMATCH.com | 855-546-0044

THURSDAY

JAN 20

4CE units



BLS Renewal for Healthcare Providers
*FREE CE**

Summary: Register early if your CPR card is expiring; limited spaces available.
Time: 5:30-9:30pm (5pm check-in)
Location: SDCDS Office
Register: sdcds.org | (619) 275-7188 | admin@sdcds.org
Pricing: member \$50... (or use your *1 free member benefit CE for 2022). nonmember \$70, member staff \$60
Includes: Dinner & refreshments provided during registration (please indicate special dietary needs when registering).
Sponsor: Kunau & Cline, INC



SATURDAY

JAN 22

4.5CE units



Dental Practice Act and Infection Control *FREE CE**

Summary: This all-in-one course meets the requirements set forth by the Dental Board of California to renew a professional dental license. Each segment of this class provides the most-up-to-date information in a dynamic, informative and interesting presentation.
Time: 8am-1pm (7am check-in)
Location: Handlery Hotel 950 Hotel Cir N. San Diego, CA 92108
Register: sdcds.org | (619) 275-7188 | admin@sdcds.org
Price: member \$95, (or use your *1 free member benefit CE for 2022). nonmember \$150, member staff \$95
Includes: Continental breakfast provided during check-in and light refreshments during breaks

Speaker:
Nancy Andrews Dewhirst



TUESDAY

JAN 25

1 CE units



Mastering Dental Marketing in 2022 and Beyond

Summary: This webinar by Dental Marketing Guru Naren Arulrajah will focus on the best ways to achieve the financial satisfaction you desire by master dental marketing and investing in a comprehensive done-for-you marketing plan.
Time: 6:30pm-7:30pm
Location: Zoom Webinar
Register: www.thrivingdentist.com/webinar/scdsmw/ or use QR code below.
Price: Free
Sponsor: The Thriving Dentist


Speaker:
Naren Arulrajah





THURSDAY



FEB 10



The Changing (and Cheaper) Options for Dental Transitions

Summary: See how data is trending on dental transitions in the US, what new options dentists have to transition their business and how they can save money and avoid common mistakes.
Time: 6pm-8pm
Location: SDCDS Office
Register: sdcds.org | (619) 275-7188 | admin@sdcds.org
Price: Free
Includes: Dinner & refreshments provided during check-in (please indicate special dietary needs when registering).
Hosted By: Bank of America and Dental Buyers Advocates

Speakers:
Brian Hanks and Justin Klingshirn



TUESDAY

FEB 22



Professional Speed Dating


Summary: Are you thinking about selling your practice? Or looking to buy a practice? On the hunt for your next job? Looking for new associates? If so, this is the event for you! Come and meet your perfect match at Professional Speed Dating!
Time: 6 - 8pm (5:30pm check-in)
Location: AleSmith Brewery 9990 AleSmith Ct, San Diego, CA 92126
Register: sdcds.org | (619) 275-7188 | Membership@sdcds.org
Price: FREE for members!
Includes: Light appetizers and drinks
Sponsor: Patterson Dental



THURSDAY

MAR 3

2CE units



New DDS Seminar:


Clinical Pearls of Wisdom

Summary: Clinical pearls are best defined as small bits of free standing, clinically relevant information based on experience or observation.
Time: 6 - 8 PM (check-in 5:30 PM)
Speakers: TBD
Location: SDCDS Office 1275 W Morena Blvd Ste B San Diego, CA 92110
Register: sdcds.org | (619) 275-7188 | Membership@sdcds.org
Price: FREE for members!
Includes: Dinner
Sponsor: Henry Schein

THURDAY


MAR 10

4CE units




BLS Renewal for Healthcare Providers
*FREE CE**

Summary: Register early if your CPR card is expiring; limited spaces available.
Time: 5:30-9:30pm (5pm check-in)
Location: SDCDS Office
Register: sdcds.org | (619) 275-7188 | admin@sdcds.org
Pricing: member \$50... (or use your *1 free member benefit CE for 2022). nonmember \$70, member staff \$60
Includes: Dinner & refreshments provided during registration (please indicate special dietary needs when registering).



SATURDAY


MAR 19



Oral Surgery for the General Dentist

Summary: This all-day lecture course is designed for the general dentist who wants to expand their oral surgical experience and better understand and manage dentoalveolar surgical problems.
Time: 9am-4pm (8am check-in)
Location: Four Points by Sheraton 8110 Aero Dr San Diego, CA 92123
Register: sdcds.org | (619) 275-7188 | admin@sdcds.org
Price: member/member staff \$150, nonmember \$225
Includes: Continental breakfast, lunch, and light refreshments during breaks (please indicate special dietary needs when registering).

Speaker:
Dr. Bach Le, DDS, MD, FICD, FACD





San Diego County
DENTAL SOCIETY

1275-B West Morena Blvd., San Diego, CA 92110

PRSRT STANDARD
U.S. POSTAGE PAID
SAN DIEGO CA
PERMIT NO. 976



THE DOCTORS INSURANCE BROKER™

- ✓ Workers' Compensation
- ✓ Property
- ✓ Liability
- ✓ EPLI
- ✓ Health (Individual & Small Group)
- ✓ Life
- ✓ Long Term Care
- ✓ Disability

Get your free quote or insurance review today!

info@tdibroker.com | 800-767-0864

We are a national broker headquartered here in San Diego. Let our knowledge and experience help protect you, your family, and your practice.

Proud Sponsor of the San Diego County Dental Society

