

# Study Clubs



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**C**linical dentistry is an ever-evolving profession with new techniques, materials, and collaborative treatment modalities. Leaving dental school is just the beginning of a dentist's true educational journey—equipped with the foundation to build their own philosophy around optimal patient care.

How do we continue to learn? Is it only from webinars and the occasional weekend CE course?

Some of the leading clinicians in our industry are all a part of a study club. And they would agree, getting enrolled into groups with like-minded dentists drives your education and career forward more than anything else you can do on your own.

What opportunities are there locally? There are many study clubs out there but here are 4 examples:



## **Spear Education**

One of the most common study clubs regionally is the Spear Education study clubs, often led by local specialists. Spear study clubs are small groups that gather general dentists with different specialists to go through guided modules and encourage collaboration on complex cases. Spear takes us out of our comfort zone and allows us to start sharing ideas of how we view true comprehensive dental health and gets us moving away from single tooth dentistry. Our role as dentists is to offer patients all their options and help them see what is achievable with their overall health. Spear also provides a massive online education platform that allows dentists to go at their own pace with different topics. Members of the study club often travel to Arizona to attend their in-person seminars and workshops together at the Spear Campus, further encouraging intercollegiate collaboration and teamwork.

## **AACA Study Club**

Sponsored through Invisalign and the American Academy of Clear Aligners, this is another popular option for those who are interested in expanding their knowledge in running a profitable clear aligner practice. Currently led by Dr. Jaime Breziner, this study club is held monthly to go over Galler modules and Clinchecks as a team. The study group shares best practices both for treatment planning and running a business. If you are interested in becoming a member, be sure to reach out to your local Invisalign representative.

## **Business Study Club**

This is a small group of 8-10 associates and practice owners who come together to discuss best practices and to learn from each other's successes and mistakes. The group discusses goals, budgeting, scheduling, patient experience, insurance, tax planning, and much more. The members rotate hosting the meetings in their own practices. Members feel more connected with other local dentists and have a support system for problems commonly faced in our profession.

## **San Diego Advanced Study Group**

This is a part of the Seattle Study Group, also a prevalent study club here in San Diego. This study group also brings together a group of general dentists and specialists to go over fundamental principles in interdisciplinary case management. Seattle Study Group is an international network of dental professionals promoting the highest level of clinical excellence.

*If you are interested in getting involved with an existing study club or even starting your own, reach out to the dental society for more information on how we can support you!*

*Contact [director@sdcds.org](mailto:director@sdcds.org) to learn more about how SDCDS can partner with your study club.*